Parish Newsletter

OUR LADY OF RANSOM



14th Sunday of the Year – Year B – Divine Office Wk 2 – 3rd /4th July 2021

I have waited years...! Still waiting to find, (or for someone to tell me they have seen) a church, statue, image, or whatever, called "Christ the Prophet". Yes, Christ...the King, High Priest, the

Christ the Prophet, which may explain why no-one has seen one. But why not?

Maybe because prophets speak truth to power. And truth can hurt. It upsets. Truth disturbs the comfortable, but comforts the disturbed. Truth can upset the status quo. Those in power don't tend to like truth. So, people who use this gift of prophecy are often rejected. We see why so many prophets are murdered, in our Scriptures, in the past and present day. They become a nuisance and especially a big threat to people in power enjoying big comforts because of the present order of things — an order of things which may well be simply living a lie.

The "for-telling" of the future is only because prophets have a deep insight and wisdom into what is happening *now*. This is the way reality works, things unfold as they do, there is a universal pattern. If we continue on this road, the future has a certain inevitability. It's descriptive, although it can *sound* threatening.

Now imagine all this coming from a local tradesman. And someone you know and love. Even more upsetting. Ideas challenged, behaviours criticised, basic understandings turned inside out. Who really welcomes change? Who likes being challenged and corrected? Who really wants a new order? Don't we expect someone we know and love to accept and condone what we already do?

Jesus the carpenter. Only a carpenter, surely! No. His prophecies are now producing feelings of threat. But Jesus and all prophets *prophesy* for everyone's benefit. Again, maybe no pain, no gain. And Jesus too is executed as a nuisance, a threat to the order of things, a threat to those in power.

Prophets can irritate much. Who disturbs or provokes us? Who annoyingly shows us the truth? Could the Holy Spirit be working through them? What if we were brutally honest? Might they be helping us to see differently – for the better? How do we respond?

God Bless, Fr. Paul.



Live Streaming of Masses and Church Services begins this weekend on Sunday, 4th July, at the <u>8am Mass only</u>.

After this weekend, <u>ALL</u> Masses will be live-streamed.

To take part please go to https://stream.seccomgroup.com/channel/olor

This week Fr Paul will say Mass for the following intentions:-

	MASS INTENTIONS
Saturday 3 rd July	
5.30pm Mass	Paddy Lynch RIP (Eileen Price)
Sunday 4 th	14 th Sunday of the Year
8am Mass 9.30am Mass	Intentions on Prayer Board Parish Community Ints
Monday 5 th	
	Stella Ray (Ints) (Colin & Marie Griffin)
Tuesday 6 th	
	Hemming Family RIP
Wednesday 7 th	
10am Mass	Cathy Guthrie RIP (Julia Dillane)
Thursday 8 th	
	Alice Allso RIP
Friday 9 th	
10am Mass	In prayer for vocations
Saturday 10 th	
5.30pm Mass	Parish Community Ints
Sunday 11 th July	15 th Sunday of the Year
8am Mass 9.30am Mass	Mary Lucy RIP (Pat Jones) Ints of Modupe Macaulay

PARISH PRIEST

Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP **01268 38 24 99**

www.olorchurch.org

email: rayleigh@dioceseofbrentwood.org

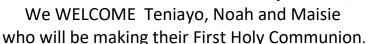
Public Mass times:

Saturdays 5.30pm Sundays 8am & 9.30am Wednesdays 10.00am Fridays 10.00am

Please be aware - Times and days of Masses are subject to change.



THIS SATURDAY - 3rd JULY - at 5.30pm MASS,





AND ON SUNDAY 4th JULY at 9.30am MASS,

We WELCOME Emily, Louise, Orla, Lena and Jessica who will be making their First Holy Communion.

FOR SALE – MOBILITY SCOOTER

Approx. 3yrs old but has had very little use. For more details please contact Veronica – 01702 230805.

SEA SUNDAY - 4th JULY

Today is Sea Sunday, when the Church prays for all those who live and work at sea. Stella Maris (Apostleship of the Sea), is the Catholic Church's official maritime welfare agency which supports seafarers both practically and spiritually. For an appeal talk and a video showing some of what Stella Maris does, please visit www.stellamaris.org.uk/SeaSunday. To donate and for more information, please visit: www.stellamaris.org.uk/donate or text "SEA" to 70460 to donate £5. Stella Maris is dependent on voluntary donations, so please give generously. Thank you.

SPONSORSHIP REQUEST

In loving memory of her father, Leonard Smith, Debbie will be abseiling on 18th July at 5pm, from the ArcelorMittal Orbit sculpture in the Queen Elizabeth Olympic Park, for Dementia UK If you wish to sponsor her please donate online via the just giving page or post a donation in an envelope for the attention of Debbie Smith through the presbytery door https://www.justgiving.com/ fundraising/leonardsmithdementiauk

THE THRESHOLDS OF HOPE WEBSITE has now been launched. This new online resource is the work of the Brentwood Diocese Vicariate for Adult



Formation and aims to help adults to deepen their relationship with Christ and His Church. Please have a look at the website and watch it develop over time. Do let us know what you think of it. The website address is www.thresholdofhope.co.uk

OUR LADY OF RANSOM MOTHER AND TODDLER GROUP

10am - 12pm Every Thursday, Term time only, In the Pope John Paul II Hall.
£2.50 per session per child. Under 1's go free!
Tea, Coffee and biscuits provided.

Contact Sharon Hockett 07949 480448 or alternatively www.Facebook.com/olortoddlergroup.

All places must be booked and paid for in advance. 30 adults maximum. Due to word of mouth places are going fast. COVID RESTRICTIONS APPLY.

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY - BCCS -SUMMER NEWSLETTER:

https://www.bccs.org.uk/application/files/5916/2315/2865/bccs Newsletter Summer 2021.pdf

The Brentwood Catholic Children's Society is inviting parishioners across the Diocese to join in with their **'Relay 100'** summer community event.

This initiative is an opportunity to recommit ourselves to our work following the pandemic, to remind our community about the work we do, to reach families who may need our support and to raise some funds through sponsored walks, runs or cycles. We are looking for 100 individuals (or families within bubbles) to complete a 'leg' of our relay around the diocese; we have routes of varying distances so there is something to suit all abilities. Can you help us? To find out more, please contact Damian Dillon: ddillon@bccs.org.uk / 07912 308000 or visit https://www.bccs.org.uk/fundraising-and-events/all-events/relay-100 to read more about this event.

THE KNIGHTS OF ST COLUMBA:

The Knights of St Columba (K.S.C.) in Province 10 which covers the Diocese of Brentwood invites young people to take part in a photographic competition.

The theme for 2021 is 'ALL THINGS BRIGHT AND BEAUTIFUL' and submissions must be made by Saturday 11th SEPTEMBER 2021.

The competition aims to encourage young people to experiment with their camera or mobile phone, use digital methods of photography, and give an interpretation of the photograph (s).

The age group categories are: Junior 7-10 years old, Year Group 7, 8 and 9 (11-14yrs), and 10-13 (14-18yrs).

Entrants must not be over the age group on 31st JULY 2021. Age must be shown on the entrant form

Submissions should be made in the first instance to Brother Martin Doyle Action and Youth Officer Council 456 via e-mail to: marting.doyle@blueyonder.co.uk All the details are on KSC Council 456 Facebook page.

VIRTUAL LONDON MARATHON

Brentwood Catholic Children's Society has several charity places for this event taking place over 24 hours on 3rd October 2021. This can be run anywhere and on completion, runners will receive the official London Marathon Finisher's medal and New Balance T shirt. They will also have access to the London Marathon App allowing them to plot their run on the official London Marathon course. If you would like one of our places and think you could raise a fundraising total of £300, please email Julie jabbott@bccs.org.uk for registration details.

Bar'n' Bus. We are looking for charismatic, creative, and sociable people with a heart to share a good story and a belief in the work of Bar 'n' Bus. If you think you might like to be involved as a volunteer please contact us at our volunteering page https://barnbus.org.uk/volunteer-with-us/ or contact Jamie Sawtell on ceo@barnbus.org.uk

BCYS EVENTS:

We are happy to say that as restrictions continue to ease we are able to start running events within the BCYS. Here are some 'save the dates' for your diaries, with more information coming nearer the time:

"Lourdes at Your Local", 26th - 30th July 2021

From Monday 26th - Friday 30th July, the Brentwood Catholic Youth Service will be hosting "Lourdes at your Local" for Summer 2021. There will be a Mass celebrated each morning at 11am, with Anointing of the Sick and joyful music, followed by coffee and refreshments. These will then be streamed online each evening, as well as Daily Rosary, a Torchlight Procession and Talent Show (which we encourage you to also get involved in!). The Masses will take place in Leigh-on-Sea, Clacton-on-Sea, Canning Town, Wanstead and Brentwood, and we are welcoming all ages, with particular invitation to those who have been housebound or shielding over the last year. Further details and a full itinerary are available on our website www.bcys.net/events or you can email gabriellafusi@dioceseofbrentwood.org for more information.

"Lourdes on the Lawn", 31st July 2021

This event is open to anyone currently in school Year 13 or above (approx. age 18-28) from 12pm – 4pm on Saturday 31st July. We will celebrate Mass together with Bishop Alan at Midday, and invite those attending to bring a picnic to enjoy in the beautiful grounds of Walsingham House at Abbotswick during the afternoon. You can find more information at www.bcys.net/events or email gabriellafusi@dioceseofbrentwood.org.

Monthly Youth Mass – **7**th **July.** This will hopefully be our last virtual Youth Mass and will be preparation for our Lourdes at your Local week. Providing restrictions allow we will resume in person Youth Mass at Brentwood Cathedral from September, now on the *first Thursday* of the month (more details to follow).

Youth Gather – 23rd October. One day Youth Gather at Walsingham House at Abbotswick. There will be input from John Pridmore and Leila Bousbaa. This event will be for Year 9 and above.

Catechists Training and Resource Day – 6th November. Being held at Sacred Heart of Mary School, the day will be an opportunity for Catechists to come together and receive input from different organisations including Caritas Brentwood and the BCYS.

For more information on all of our events please see www.bcys.net

FR GERRY - HOSPITAL VISITS

The Chaplaincy Team are now allowed to resume duties at Southend Hospital.

Fr Gerry, Chaplain at Southend Hospital, is now visiting all people (unless Covid positive).

If you wish him to visit yourself or a family member please feel free to email him at frgerryd@gmail.com or call 07919 416263.

CONFESSIONS

The Sacrament of Reconciliation (Confessions) is available – can now be offered openly <u>and in</u> the traditional Confessional Box. At the present time, if you wish for the Sacrament, please contact Fr. Paul - the request itself is treated confidentially.

MANY THANKS FOR ALL THE MASS INTENTIONS AND CONTRIBUTIONS

Please note: At present we have a large number of outstanding Mass Intentions, which takes us **to mid-August.**



PLEASE PRAY

For all the sick members of our Parish and all our relatives and friends.

† ANNIVERSARIES **†**

Kindly pray for Frank Kaye, Rosemary Hassell, John Richards, Niqui Denkmayer, Tommy Smyth, Myra Baxter, and Penny Mahoney, whose anniversaries occur about this time.

OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

GIFT AID /ENVELOPES

- We want to encourage everyone to pay online, so from now on, envelopes will need to be requested
- Envelope numbers are being reorganised so if your envelope number is changed, there will be a red label on the box.
- There will be no Special Collection envelopes for those paying by Standing Order. Please use either a charity's own Special Collection envelope, or pay online using Surname and Gift Aid No. or use a blank/yellow envelope with your details printed on the front.
- Some people have started donating to the parish online during lockdown. If you are a taxpayer it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme. Thank you.



Please contact Sandra our Gift Aid Co-ordinator (<u>olorgiftaid@hotmail.com</u> / 01268 772998) if you have any questions.

MY DAY BY DAY



Booklets for July are now available priced £1 each.



LIVING FAITH (July – Sept.)

Popular booklet with a thought for every day for the next three months.

Limited number available....

Voluntary donations for the booklets welcome

If you would like to collect these from the Presbytery or the church please contact Fr Paul. If you usually purchase these but are unable to collect or arrange for one to be collected for you, then we can arrange delivery.

MASS CARDS & SYMPATHY CARDS ...

can be obtained at the presbytery. Please contact Fr. Paul to arrange a convenient time to come, choose, collect and pay for the cards.

CAN THE SVP HELP?



Whilst our activities and support have been adversely affected by the Coronavirus pandemic the SVP remains available to offer help, where current regulations permit.

Should you need support, please contact **Colin Griffin** (tel. No. 01268 772322) or any other SVP member. Your call will be treated with complete confidentiality.

Public Masses:

Please **do not come** if you have symptoms, sniffles, sneezes, coughs, immunity issues etc.

Use common sense and think of others.

Remember to wear a mask and SANITISE hands on entering the church.

Social Distance regulations **MUST** be adhered to at all times

Please follow only the directions of the Stewards.

The church will be both cleaned and sanitised regularly.

NEWSLETTERS

A few printed newsletters will be left on the shelf outside the presbytery after each weekend Mass. These are primarily designated for anyone who has no email access.

If you are able to print off newsletters yourselves and deliver to anyone who can't get out, that would be a great act of charity. Thank you.

If you, or anyone you know, would like to receive the newsletter by email each week, please in the first instance <u>email a request</u> to the parish office (<u>rayleigh@dioceseofbrentwood.ora</u>) and ask to be added onto the distribution list.

The newsletter will be emailed by the Saturday morning.

Red Missio Box Holders

If your Red Missio Box has not been emptied for sometime, please get in touch with your local Missio Promoter or feel free to drop in your box to church for safe keeping and it will be dealt with in good time.

Thank you to all the Promoters and individual box holders who have already done so during these difficult times.

Wash your hands, cover your face, make space.





FACE SPACE

Here are a few top tips on how to support your wellbeing at home

Identify your triggers

We're all different. What affects someone else's mental wellbeing won't necessarily affect yours in the same way. Whether it's challenges in work or the current circumstance we all find ourselves in, we all have times where we feel stressed, upset or find it difficult to cope, especially at the moment.

Working out what triggers poor mental health for you can help you anticipate problems and find solutions. Whether it's taking in too much negative news and media regarding the current circumstance or a heavy workload. Finding out your triggers can help.

Take time for yourself

Spending time on yourself is essential for your wellbeing, and helps you be more resilient. It's vital to prioritise your own needs sometimes, rather than the demands of your work. Ignoring your needs can lead to stress and burn-out.

Take short breaks throughout the day as well as at least half-an-hour to get some food. A short break can help you feel recharged and refreshed. It can also give you a different perspective on any work problems.

Quick tip: Simple self-care

Not having to get formally dressed for work can be great. But if you feel low, putting on some nice clothes or having a five-minute grooming session is an easy boost for your self-esteem that can help you feel work-ready.

Be kind to yourself

In our current climate, we're all going through a difficult time. It's important to be kind to yourself and remember it's okay to not be okay. We may feel different from one day to the next as situations change so it's important to be kind to yourself.

Quick tip: Create a home workstation.

It's important to try create boundaries if your home is your office and having a dedicated area of the house or your room for you to work from can help delineate your work time from your leisure time.

Connect with others

Depending on the circumstance, working from home right now can be a lonely job. Evidence suggests that feeling close to, and valued by other people is a basic human need. Good relationships are important to our wellbeing.

Try joining morning or evening online exercise classes, joining Facebook groups or even starting your own.

Celebrate the small successes

We all want to contribute and make a difference to the things we work on, we want to feel accomplished and that we've achieved something. So it's important to celebrate the successes, big and small. Some days that might mean a great piece of work, other days it could mean doing housework or making the bed. Try to identify one small thing each day that you can accomplish.

Essex Police Fraud Alert System



25th June 2021

THE SCAMMERS RENTING OUT OTHER PEOPLE'S HOMES

Rental fraud continues to be an issue across the country and can affect people of all ages. It occurs when would-be tenants are tricked into paying an upfront fee to rent a property.

In reality, the property does not exist, has already been rented out, or has been rented to multiple people at the same time. Criminals often use images of properties already for sale to create their fake listings.

The renter loses the upfront fee they have paid and is not able to rent the property they thought they had secured with the payment. Rental fraudsters often target students looking for university accommodation.

Protect yourself from rental fraud:

- Is the advertiser genuine?
 - Always use a reputable company where possible. Do not send money to anyone advertising rental properties online until you are certain the advertiser is genuine.
- Moving from abroad?
 - If you need to secure accommodation in the UK from overseas, seek the help of the employer or university you are coming to. Alternatively, get a friend, contact or relative to check the property exists and is available.
- Visit the property first
 - Do not pay any money until you or a reliable contact has visited the property with an agent or the landlord.
- Ask for documentation
 - Ask for copies of tenancy agreements and any safety certificates such as Gas Electricity or HMO Licence.
- Do not be pressured into transferring large sums of money Transfer funds to a bank account having obtained the details by contacting the landlord or agent directly after the above steps have been followed. Be sceptical if you're asked to transfer any money via a money transfer service like Western Union.



If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on 101
Report fraud or attempted fraud by contacting Action Fraud at actionfraud.police.uk or call 0300 123 2040



Keep up to date with fraud and do even more Online essex.police.uk



Essex Police Fraud Alert System



11th June 2021

MOBILE PHONE UPGRADE SCAM



Summary

The NFIB are aware of an ongoing scam where consumers are being cold called by individuals impersonating employees of legitimate mobile network operators and suppliers.

Victims are offered early handset upgrades, or new contracts, at significant discounts. Once customers have been convinced that the deals are genuine and agree to proceed, suspects then ask for their online mobile account credentials, including log-ins, address and bank account details.

Suspects then place orders with genuine companies on behalf of victims, however select a different handset to that requested and have it shipped to the customer's address.

Upon receipt, suspects assure victims that this has been an error and instruct them to 'return' the handset to a different address not affiliated to the mobile company. These addresses are usually residential.

Upon intercepting the 'returned' handsets, the suspects cease contact and victims find themselves stuck with no phone and liable for the entirety of a new contract taken out in their name.

The NFIB have received over 300 reports since January 2020 with reported losses in excess of £86,000.

What you need to do

- Cold calls about mobile upgrades and contracts If you're unsure that the person calling you is an
 official representative of the company they claim to be from, hang up and do not reveal any
 personal information.
- Only contact your mobile network provider on a number you know to be correct. For example, 191
 for Vodafone customers, 150 for EE customers, 333 for Three customers, 202 for O2 customers,
 4455 for Tesco Mobile, 789 for Virgin Mobile and 150 for 5ky Mobile.
- If you receive a device that you did not order or expect, contact the genuine sender immediately.
 The details for this will be within the parcel.
- NEVER post a device directly to a given address. All genuine Mobile Network Operators would send out a jiffy bag for you to return without you incurring additional cost.

For more information about how to protect yourself online, visit www.cyberaware.gov.uk and takefive-stopfraud.org.uk



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Report fraud or attempted fraud by contacting Action Fraud at actionfraud.police.uk or call 0300 123 2040





BE ONLINE SHOPPING SAVVY

IS THAT CAR REALLY FOR SALE?

In recent weeks, Essex Police has seen a increase in residents purchasing vehicles online and paying the full amount without ever having seen the car in person. When they arrive to collect the vehicle, it does not exist.



TOP TIPS

- Always view and test drive the car before buying arrange to view in the daylight, preferably when it's dry. Make sure you're insured and test drive the car for about 15 minutes on different types of road.
- Buy from an established firm or trusted seller you can look for a trade association sign or for sellers that have been inspected by an independent engineer or motoring organisation.
- Use secure method of payment don't pay anything until you have seen the car. Once you are satisfied with what you are buying, use a secure method of payment such as a credit card to ensure you are protected if something goes wrong.

BOGUS BANK TRANSFERS

Essex Police have also received reports of residents selling electronic items online such as mobiles and laptops to suspects who attend the address and request to pay by bank transfer. They will pay on the doorstep claiming that it can take up to 2-3 hours for the payment to go through. The payment never arrives by which time the suspect has already left with the goods.

TOP TIPS

- Arrange an instant payment consider using cash or using an instant payment service.
- Wait for the payment to go through most transfers should be quite quick, don't let the item go without knowing you have received the payment.





If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on 101
Report fraud or attempted fraud by contacting Action Fraud at action fraud police.uk or call 0300 123 2040

Keep up to date with fraud and do even more Online essex.police.uk



SOME USEFUL NUMBERS THAT MAY HELP YOU, YOUR FAMILIES OR NEIGHBOURS.



ABUSE AND OTHER HELPLINES – USEFUL TELEPHONE NUMBERS

Police - call 999 – if you cannot respond due to danger, tap the mobile handset or cough, then when prompted press 55 (this takes you straight through to the police)

Freephone National Domestic Abuse Helpline: 0808 200 0247

www.nationaldahelpline.org.uk

Men's advice line 0808 801 0327 www.mensadviceline.org.uk

Rape Crisis 0808 9999 www.rapecrisis.org.uk

Respect phoneline 0808 999 4040 www.respectphoneline.org.uk

Karma Nirvana – a national honour based abuse helpline 0808 5999 247

support@karmanirvana.org.uk

Stay Safe East 0208 519 7241 (focus on people with disabilities) Text 07587 134122

NSPCC 0808 800 5000 Email help@nspcc.org.uk

Childline 0800 1111

Child Exploitation and Online Protection <u>www.thinkuknow.co.uk</u>

This site offers help for parents and children (at their level) from 4 years old upwards.

Coronavirus-related scams / Fraud or Attempted Fraud

For the latest information go to http://actionfraud.police.uk/news

If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on 101. Report fraud or attempted fraud by contacting Action Fraud at www.actionfraud.police.uk or call 0300 123 2040.

SUPPORT -

Anxiety Call 08444 775774

Obsessive Compulsive Disorder (OCD)

Call 0845 390 6232 skype 0303 040 1112

email - support@ocdaction.org.uk

ABUSE: Victim Support – Safe Spaces

Safe Spaces is a free and independent support service, providing a confidential, personal and safe space for anyone who has been, or feels, they have experienced abuse through their relationship with the Catholic Church of England and Wales.

Telephone 0300 303 1056

Email: safespaces@victimsupport.org.uk
LiveChat at www.SafeSpacesEnglandWales.org.uk



ISOLATED DUE TO CORONAVIRUS - HOW TO OBTAIN HELP

The source of your support depends on which category of 'shielding' you fall into. **Category 1** - you have been contacted by the NHS and told to remain at home for 12 weeks. You are being supported directly from the government. If you were not contacted by the NHS and told this then you do not fall into this category.

Category 2 - anyone over the age of 70, plus anyone under the age of 70 with certain serious health conditions plus pregnant women - you are being supported by Essex County Council through their Essex Welfare Service. Please contact them on 0300 303 9988.

Category 3 - Everyone else.

You are supported by the **new helpline** set up by Rochford District Council in partnership with local faith groups, churches and voluntary organisations. If you have no friends or family close by and you need support during this crisis, or are feeling isolated, please call **01268 779999**.



ASSOCIATION OF CHRISTIAN COUNSELLOR'S (ACC) COVID-19 CRISIS COUNSELLING SUPPORT SERVICE





ACC have set up a new service – a Covid 19 Crisis Counselling
Support Service (CCSS) for NHS frontline staff. People working in a

Support Service (CCSS) for NHS frontline staff, People working in a residential care home setting being directly impacted by caring for people who have Covid-19 and people who have been bereaved during the COVID-19 epidemic in the U.K.

The crisis counselling support service offers up to ten sessions of counselling on a no fee basis.

To find out more please visit ACC's website www.acc-uk.org or if you don't have access to a computer, please ring 024 7644 9694.

READINGS AT MASS – 14th Sunday of the Year

First reading – Ezekiel 2: 2-5	
Psalm 122	
Our eyes are on the Lord till he show	us his mercy.
Second reading – 2 Corinthians 12:7-	10
Alleluia, alleluia!	
The word was made flesh and lived a become children of God. Alleluia!	imong us; to all who did accept him he gave power to
Council Monk C.1 C	
Gospel – Mark 6:1-6	

