

Newsletter

OUR LADY OF RANSOM



31st October 2021 All Saints Psalter Week 3

We need Saints. Saints who don't wear robes, veils, priest's collars or habits. We need saints who wear jeans and trainers. We need saints who go to the cinema, that listen to music and hang out with friends. We need saints who can put God ahead of succeeding in any career. We need saints who look for time to pray every day and know how to be in love with integrity and all good things.

We need saints, Saints of the 21st century with a spirituality appropriate to our new time. We need saints who have a commitment to helping the poor and to make the needed social change. We need saints to live in the world, to sanctify the world and not be afraid of living in the world by their presence in it. We need saints that drink Coca-Cola, eat hot-dogs, saints that surf the internet and listen to their iPods.

We need saints who love the Eucharist, that not afraid or embarrassed to eat pizza or drink a beer with their friends. We need saints who love films, who dance, who do sports, who do theatre. We need saints that are open, sociable, normal, happy companions. We need saints who are in this world and who know how to enjoy the best in this world without being callous or mundane. We need saints....

(Adapted from Pope Francis' World Youth Day Address, 2013)

God Bless, Fr. Paul

All Masses and Church Services are now Live Streamed.

***To take part please go to <https://stream.seccomgroup.com/channel/olor>
Masses can be watched "live" or later as a recording.***

Reflection - November 7th Week 32B Psalter Week 4

“Get Clive to sing”, the Educational Psychologist suggested. So I did. I played guitar, and he sang beautifully, solo, self-conscious but in tune and with a certain clarity. We shared lumps in throats and tears of joy. For Clive had severe learning and physical challenges and a terrible nervous stammer. Not a single stammer when he sang. And yet with all his issues, his kindness and generosity shone through. If another child became upset, he would want to show his warmth and concern and console them, sometimes with a hug.

I understood that largely due to his disabilities Clive was abandoned by both parents and others. They couldn’t cope. He was mainly brought up by his aging grandmother who herself found it all pretty difficult. My question is ‘how was he able to be so thoughtful and loving, and yet he was so abandoned? Wouldn’t you expect some kind of deep-rooted anger?

But no. Something else is happening here. I am certain that Clive had a “pre-conscious” knowledge and experience of the divine. The divine allowed him to show his generosity and concern. He was open. No formal teaching, but he knew. Maybe as a result of his vulnerability, his powerlessness. What else had he?

Nature made Clive that way. Why? Who knows? Yet in all that, he gave much.

So many of the young people I worked with, young people facing so many challenges, displaying experiences of the divine, because no other constraints, (or at least very few,) get in their way.

Most “mainstream” people have to harshly re-learn something through vulnerability, failure, betrayal and powerlessness to really experience the Lord’s power. What social and emotional constraints are in our way? How can we get them out of the way so the divine can shine through us? Today we see a widow, at the bottom of the social heap, who gives all she had. She is free of all these constraints so is free enough to allow God to work through her. Society wrongly made her that way. She gave her all. It’s not the quantity of the giving, but proportion. In that sense, she is the most generous of all.

God is in our own vulnerability? That is finally where His power lies. How far are we prepared to empty ourselves to find His power? So it’s not about us, but Him.

Fr Paul will say Mass for the following intentions the 2 weeks below.-

MASS INTENTIONS	
Saturday 30th Oct	
5.30pm Mass	Mrs. Emma Lucibello RIP (Susan and Damian)
Sunday 31st ALL SAINTS	
8am Mass	Deceased members of Rayner and Griffin Families RIP (Colin and Marie Griffin)
9.30am Mass	Parish Community
Monday 1st Nov.	
	Dec'd members and Benefactors of SVP
Tuesday 2nd Commemoration of All Faithful Departed	
<u>10am Mass</u>	All Souls RIP
Wednesday 3rd	
	Eucharistic Service
Thursday 4th St. Charles Borromeo	
	Members and Families of the SVP (Ints)
Friday 5th	
10am Mass	Eucharistic Service
Saturday 6th Nov	
5.30pm Mass	Parish Community
Sunday 7th 8am Holy Souls RIP	
Masses 32nd 9.30am Mass	Hilary Barry and Family (Ints)
Sunday	Hilary Barry

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 9.30am Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of Masses are subject to change.</i></p>
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Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 2340

MASS INTENTIONS	
Saturday 6th Oct.	
5.30pm Mass	Parish Community
Sunday 7th	32nd Sunday of the Year
8am Mass	Holy Souls RIP
9.30am Mass	Hilary Barry and Family Ints. (Hilary Barry)
Monday 8th	
	Stella Ray RIP (Mary Butterworth)
Tuesday 9th	Dedication of the Lateran Basilica
	Fr. Watson RIP (Pat Wood)
Wednesday 10th	St. Leo the Great
10am Mass	Emma Louise Lucibello RIP (Susan and Damian)
Thursday 11th	St. Martin of Tours
	Tom Gunn RIP
Friday 12th	St. Josephat
10am Mass	Derek Hand RIP (Len Antony)
Saturday 13th	
5.30pm Mass	Holy Souls RIP
Sunday 14th	Remembrance Sunday
33rd Sunday of the Year	8am Mass Deceased of ALL wars RIP
	9.30am Mass Parish Community

Please Note: there will be no newsletter the weekend of the 6th /7th November. This newsletter has Mass Intentions and Reflections for both weeks.

Also please note Mass at 10am on All Souls Day – Tuesday November 2nd.

The Book of Remembrance will be in the church porch through November. All names recorded will be prayed for during November's Masses. Please feel free to write names in the book.

Remembrance Sunday November 14th. The Rayleigh Town Remembrance Service will take place outside the British Legion at 10.30am. Fr. Paul will be leading the service. A wreath will be laid from Our Lady of Ransom Parish. All welcome.

Saturday 30th the clocks go back one hour.

Shoebox Appeal. Please have shoeboxes returned to the presbytery no later than November 18th. Thank you.

Repository. Christmas Cards and many lovely Nativity items are



now in stock in the repository.

Laudato Si Invitations, Commitments and Actions Document have been launched across the Diocese These contain much information about how we can play our part in Climate Change with a healthier environment. Information on cards in the church porch or go to www.dioceseofbrentwood.net/laudatosi or email laudatosi@dioceseofbrentwood.org

LIFTING OF RESTRICTIONS

If you are strict about social-distancing, the pews on the right hand side (as we face the altar) are largely reserved for those who wish to do so.

Public Masses:

Face Coverings – please continue wearing a face covering as a mark of respect for one another's health and protection.

Please **do not come** if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and **think of others**.

Social Distance should be maintained as much as possible – again – out of mutual respect.

Please continue to follow only the directions of the Stewards.

Holy Communion only to be received on the hand for added protection.

The church will continue to be both cleaned and sanitised regularly

Wash your hands, cover your face, make space.



OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

DONATIONS USING QR CODES

To avoid having too much cash lying around, it is now possible to make donations in Church using your mobile phone and QR codes.

There are notices in the porch for contributions to the parish



ONLINE DONATIONS

To make a donation online go to <https://stream.seccomgroup.com/donations/olor>

GIFT AID / ENVELOPES. Some people have started donating to the parish online during lockdown. If you are a taxpayer it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.



Please contact Sandra our Gift Aid Co-ordinator (olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.

THE THRESHOLDS OF HOPE WEBSITE is a new online resource. It is the work of the Brentwood Diocese Vicariate for Adult Formation and aims to



help adults to deepen their relationship with Christ and His Church. The website address is www.thresholdofhope.co.uk

THE THRESHOLDS OF HOPE QUESTIONS are a series of talks for adults who want to grow in understanding and confidence when questioned or speaking about their Catholic Faith. The talks and discussion will take place on Zoom from 4.00 - 5.00 p.m. on a Sunday afternoon. These 2 weeks the question is *What do we mean when we talk about morality?* These will be given by Fr. Martin Boland, Dean of Brentwood Cathedral. **THRESHOLDS OF HOPE QUESTIONS** ". adultformationvicariate@dioceseofbrentwood.org For more information about *The Thresholds of Hope Questions* go to www.thresholdsofhope.co.uk or adultformationvicariate@dioceseofbrentwood.org

(Twitter) @thresholdsH

(facebook) @ThresholdsofHope

BCYS EVENTS:

BRAND NEW BCYS YOUTH MASS Takes place on the first THURSDAY of the month at Brentwood Cathedral. The evening will start with a celebration in the Parish Hall at 6pm, where we will provide pizzas and drink as we know many will come straight from school or work. Youth Mass follows in the Cathedral at 7:30pm followed by refreshments after at about 8.30pm. All welcome.

For more information please visit www.bcys.net/events/september-youth-mass/ or email info@bycs.net

FIRST HOLY COMMUNION. Following enquiries from parents with children who would normally start their Holy Communion Catechism this September, we need to advise that the course is postponed until January 2022. Whilst nothing is guaranteed this will allow the 2021 children to receive their course and make their First Holy Communion. .

CONFESSIONS

The Sacrament of Reconciliation (Confessions) is available – **can now be offered openly and in the traditional Confessional Box.** At the present time, if you wish for the Sacrament, please contact Fr. Paul - the request itself is treated confidentially.

MANY THANKS FOR ALL THE MASS INTENTIONS AND CONTRIBUTIONS

Please note: At present we have a large number of outstanding Mass Intentions, which takes us **to late-December.**



PLEASE PRAY

For all the sick members of our Parish and all our relatives and friends.

† ANNIVERSARIES †

Kindly pray for Alan Scarsbrook, Jim Carter, Kathleen Kirkland and Peter Whitehead. May they rest in peace.

MASS CARDS & SYMPATHY CARDS ...can be obtained at the repository shop and the presbytery. Please contact Fr. Paul to arrange a convenient time to come, choose, collect and pay for the cards if the shop is closed.

NEWSLETTERS

A few printed newsletters will be left on the shelf outside the presbytery after each weekend Mass. These are primarily designated for anyone who has no email access.

If you are able to print off newsletters yourselves and deliver to anyone who can't get out, that would be a great act of charity. Thank you.

If you, or anyone you know, would like to receive the newsletter by email each week, please in the first instance email a request to the parish office (rayleigh@dioceseofbrentwood.org) and ask to be added onto the distribution list.

The newsletter will be emailed by the Saturday morning.

Christmas Hampers. Would like to help with putting Christmas Hampers together regarding the Foodbank? If so, **Thursday 9th December at 7.30pm** at the Todman Centre, Castle Rd, Rayleigh SS6 7QF If so, we look forward to hearing from you. Please contact Janet Fox Hopeworx Manager on 01268 743232 or 07936 271949 www.hopeworx.org.uk

Foodbank Box in the church porch.

Certificate in Religious Studies. (CCRS) “..gave me such understanding and confidence about my faith for my parish work.” The Catholic Certificate in Religious Studies (CCRS) provides parish leaders with knowledge and understanding of theology and the Catholic faith. 88% participants recommend the course to others. Learn in person, by distance learning or online For more information visit brs-ccrs.org.uk

Centres (in person learning)

<http://brs-ccrs.org.uk/index.php/course-centres>

Life-Light **Home** **Study** **Courses** **(distance** **learning)**
info@studylifelight.com

01844 351 514 **CCRS Online (online learning)** ccrsonline@hope.ac.uk 0151 291 3055

Assisted Dying Bill. What can we do?

This 'Assisted Dying' Bill will be debated in the House of Lords. If successful it will allow a terminally ill adult with less than 6 months to live, assistance to commit suicide. The Catholic Church teaches that this represents a crime against human life, we cannot directly choose to take the life of another, even if they request it. The Bishops therefore urge you to **PRAY** this Bill is defeated, **WRITE** to Peers and MPs expressing concern about this proposed legislation and **SHARE** our resources and those of our allies, in the weeks ahead with family and friends, especially via social media.

Guidance on how to write to politicians can be found here:

parliament.uk/get-involved/contact-an-mp-or-lord/

Resources, which will be updated in the weeks ahead, can be found here:

<https://www.cbcew.org.uk/life-issues/>

Training and information for parishes wishing to begin the journey to the Cafod *LiveSimply* award. This will be on Zoom, and provided by Cafod Brentwood, with thanks to Chris Driscoll. The evening will be repeated, so you could attend on either 3rd or 24th November – more details on the Diocesan website, <https://www.dioceseofbrentwood.net/news/cafod-offers-livesimply-guidance-sessions-to-schools-and-parishes/>

Marriage Care is looking to recruit those who would be interested in training as counsellors to support those in need – regardless of their ability to pay.

This CRC Course: The 2 year Certificate in Relationship Counselling course will start in Spring 2022 and will be delivered via a programme of face to face and online training weekends. This training opportunity has been made possible in thanks to the generous support of the Diocese of Westminster Cardinal's Lenten Appeal Fund and the voluntary commitment of Marriage Care's training team and Centre members.

Whilst there is no charge to trainees for the course itself, if selected there is a non-refundable deposit of £150 to secure your place and we invite trainees to set up a monthly donation (suggested amount of £40) for the first 12 months - towards costs of accommodation and meals at training weekends. "If it wasn't for our counsellor we would probably have separated - now we can look forward to the prospect of a happy life growing old together" "The Marriage care training allowed me to develop my skills with excellent hands-on support." Counselling client Counsellor For more information visit our webpage: www.marriagecare.org.uk/crc or denise@sunningdalehouse.com

Afghanistan.....what can we do?

As the tragedy unfolding in Afghanistan fills the news, adding to the miseries of those who have fled Syria, Iraq, South Sudan, Ethiopia and Eritrea in recent years, it may well be that parishioners ask, “what can we do?”

There is now a wealth of experience within the Diocese to support any parish (or, more realistically – as part of the scheme requirement is to fundraise £9,000 – group of parishes) who wishes to look into this more deeply. I would be happy to help, and have the Chelmsford application as a template. The section of the Home Office that deals with this (known as “Reset”) is also immensely supportive, with excellent briefings and training, and – via CSAN (Caritas Social Action Network) nationally, there are further networks and resources to draw from.

In Redbridge and in Colchester Catholics have been part of ecumenical projects that have welcomed families. It would also be an ideal project for an embryonic Parish Partnership to look into.

A very helpful summary is on the Reset website: <https://resetuk.org/about/what-is-community-sponsorship>

There is also excellent initial information on the CSAN website. Salford Diocese were the first to welcome a family via Community Sponsorship, and their learning has been a huge help. <https://www.csan.org.uk/community-sponsorship/>

More detailed initial information is in the Home Office’s own “step by step” guide: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/694789/MiniGuide_16th_June.pdf. Caritas Brentwood is recognised as a “Lead Sponsor” which will eliminate some of the hurdles.

Another source of support is Citizens UK who have a dedicated website for this aspect of their work: <https://www.sponsorrefugees.org/>

Can you help?

Prayer for Afghanistan and the Peoples of the Middle East.

God of Peace, Bearer of Hope, we seek your help for the peoples of the Middle East.

Quiet the clamour of war and guide us towards peace.

Where there is hatred and division, sow seeds of calm and openness.

Where there is destruction help us to rebuild.

Where children are crying, bring an end to tears.

Shelter your peoples and protect them. Guide them and keep them from harm.

Show us how to break down the barriers of history and fear and breathe whispers of love.
Amen.

CAFOD (based on St. Francis)

THE BIBLE TIMELINE COURSE

Understand the Bible from start to finish, the Old and New Testament, with this **FREE OF CHARGE**, worldwide-famous course delivered online LIVE by Mauro Iannicelli.

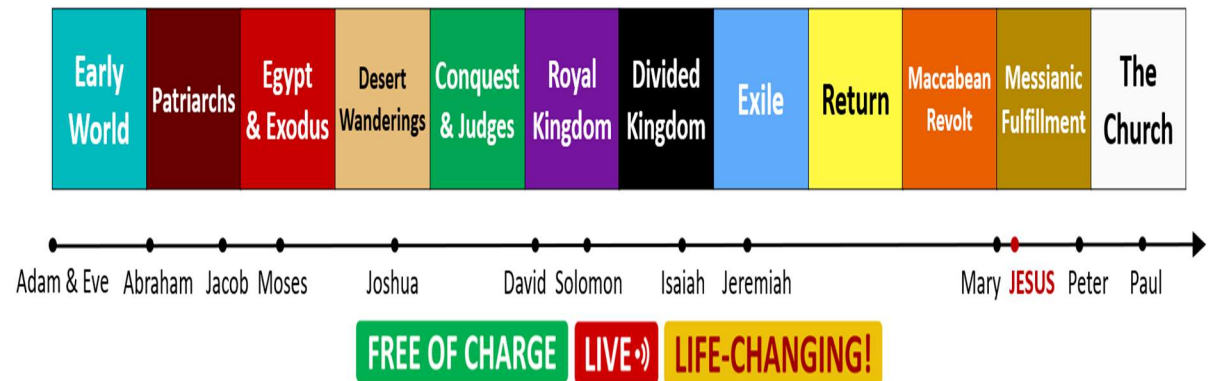
Eight Wednesday sessions (7pm-8:40pm).

Info & Registration: www.comeandsee.org

Alternatively please contact mauro@comeandsee.org

Course Info & Registration: www.comeandsee.org

The Bible Timeline Course





Our Lady of Ransom Catholic Primary School

"OUTSTANDING" RE INSPECTION 2016 **"GOOD"** OFSTED INSPECTION 2016

***** OPEN MORNINGS *****
Reception entry September 2022

Friday 8 th October	Monday 6 th December
Friday 15 th October	Friday 7 th January
Monday 15 th November	9.30am ~ 11.00am

www.olorcps.net info@olorcps.net

 [olorearlyyears](https://www.instagram.com/olorearlyyears) 01268 785741



VARIOUS CAFOD ONLINE CONTACTS:

cafod.org.uk/climatecrisis

cafod.org.uk/fastday

cafod.org.uk/contactless

cafod.org.uk/gogreen

worldgifts@cafod.org.uk

cafod.org.uk/parish-giving

shop.cafod.org.uk/harvest

Cafod Prayer: Walk beside me Lord in the cool of the Day; in the garden you have created as our common home. Walk beside us Lord as the cries of the forest pierce the dawn, and flames rip through our common home. Grant us courage Lord as we walk beside all those who struggle to protect our common home. Grant us hope Lord, and the vision to walk dark paths in the light of a single sunbeam. Grant us grace Lord to put the flourishing of all people and the wonder of your creation at the heart of all we do. As we strive to be guardians of our common home. St. Francis pray for us

Loving God,
We praise your name with all you have created.


You are present in the whole universe,
and in the smallest of creatures.


We acknowledge the responsibilities you have placed upon us
as stewards of your creation.

May the Holy Spirit inspire all political leaders at COP26 as they
seek to embrace the changes needed to foster a more sustainable society.
Instil in them the courage and gentleness to implement fairer solutions
for the poorest and most vulnerable,
and commit their nations to the care of Our Common Home.

We ask this through Our Lord Jesus Christ your Son.

Amen







A PRAYER
FOR THE COP26
CLIMATE TALKS

31 October – 12 November 2021

“I urgently appeal, then, for a new dialogue about how we are shaping the future of our planet. We need a conversation which includes everyone, since the environmental challenge we are undergoing, and its human roots, concern and affect us all.”

POPE FRANCIS - Laudato Si \$14


In the run up to COP26, we are asking people to pray that the leaders meeting in Glasgow work together for positive outcomes for people and the planet, by using this prayer in their parishes and at home.



CATHOLIC BISHOPS' CONFERENCE
OF ENGLAND AND WALES

CAFOD
Catholic Agency for
Overseas Development

Scan here to find out more
or visit
cafod.org.uk/cop26



Rest and Reflection Weekend Retreat for adults (3pm Friday 19th – 3pm Sunday 21st November 2021)

We welcome you to join us for a weekend of reflection and prayer in the beautiful house, grounds and chapel of Walsingham House at Abbotswick. The cost is £150 for a single room, £200 for a twin (twin bookings must be made together with someone known to you). This price is for 2 nights accommodation and all meals (all rooms are en-suite). For more information, enquiries and bookings please contact Joe Beattie on 01277 373959 or email josephbeattie@dioceseofbrentwood.org.

Remembrance Service at Walsingham House at Abbotswick.

Those who have loved ones remembered within the ground at Walsingham House at Abbotswick are warmly invited to a special Mass of Remembrance on Sunday 7th November at 3pm. Due to capacity please contact Joseph Beattie in advance to reserve a place either on 01277 373959 or josephbeattie@dioceseofbrentwood.org.

FROM ESSEX POLICE -



Stopping Adult Sexual Exploitation This

month's newsletter is to coincide with a law enforcement campaign, which started on 6th September 2021, to increase awareness of Modern Slavery & Human Trafficking, in particular focusing upon Adult Sexual Exploitation.

As part of our commitment to tackling organised crime, we are asking for your support in identifying properties that may be being used in this way so that we can work together to protect our Community. You will undoubtedly be aware of the detrimental effects, misery and harm that modern slavery, trafficking and sexual exploitation bring, not only to our wider communities but, in particular, to those vulnerable individuals within society who are often forced, coerced or exploited into carrying out this illegal activity on behalf of organised gangs

Types of Adult Sexual Exploitation

There are 2 main ways in which victims become involved in Adult Sexual Exploitation: 1. The victims are smuggled into the UK illegally and are If you have any information about possible organised crime, victims of such crime or vulnerable people subject of exploitation,

please inform Essex Police or CrimeStoppers on 0800 555111 Organised Crime Newsletter forced into prostitution in order to pay off their debts. 2. The victims are vulnerable UK citizens and the Organised Crime Groups prey upon their vulnerabilities through threats of violence or by supplying them drugs or alcohol. Signs of Sexual Exploitation • A longer-term rent of more than 2 weeks and less than 2 months of any premise. • Frequent visitors throughout the day and night • Rubbish full of condoms and massage oil • Curtains closed permanently during the day and night • A variety of cars parked up on the drive during the hire period. • Evidence that numerous people have been staying at the address, not just the number listed (modern day slaves could be kept 4 or more to a room meant for just 1 person) • Occupants not seen to leave the premise during the time of the hire • Complaints by neighbours of an increased level of noise or anti-social behaviour •

General suspicious behaviour How to report: Should you have any concerns about child exploitation then please report via one of these ways: ♦ POLICE immediate threat to life - 999 ♦

To report a crime or for advice around any concerns you may have - 101 or online at www.essex.police.uk ♦

The confidential UK Modern Slavery Helpline on 08000 121 700 or online at www.unseen.org ♦ CrimeStoppers on 0800 555 111 or submit information via their anonymous online form.

Criminals continue to target the elderly

Essex Police is warning the public to protect their loved ones as criminals cheat older and vulnerable victims out of cash and high value items through courier fraud.



Data from Action Fraud, reveals that **£10,325,133** has been lost by victims to courier fraud since the start of this year – **an increase** of almost two thirds (**63 per cent**) compared to the same period last year.

- **Stop:** taking a moment to stop and think before parting with your money or information could keep you safe.
- **Challenge:** could it be fake? It's okay to reject, refuse or ignore any requests. Only criminals will try to rush or panic you
- **Protect:** Your bank or the police will never call you to ask you to
- **Protect:** Your bank or the police will never call you to ask you to verify your personal details or PIN by phone, or offer to pick up your bank card by courier. Hang up immediately if you receive a



If you or someone you know is vulnerable and has been a victim of fraud, please call **Essex Police** on **101**
Report fraud or attempted fraud by contacting **Action Fraud** at actionfraud.police.uk or call 0300 123 2040

Keep up to date with fraud and
do **even more** Online at essex.police.uk



SOME USEFUL NUMBERS THAT MAY HELP YOU, YOUR FAMILIES OR NEIGHBOURS.



ABUSE AND OTHER HELPLINES – USEFUL TELEPHONE NUMBERS

Police - call 999 – if you cannot respond due to danger, tap the mobile handset or cough, then when prompted press 55 (this takes you straight through to the police)

Freephone National Domestic Abuse Helpline: 0808 200 0247
www.nationaldahelpline.org.uk

Men's advice line 0808 801 0327 www.mensadviceline.org.uk

Rape Crisis 0808 9999 www.rapecrisis.org.uk

Respect phoneline 0808 999 4040 www.respectphoneline.org.uk

Karma Nirvana – a national honour based abuse helpline 0808 5999 247
support@karmanirvana.org.uk

Stay Safe East 0208 519 7241 (focus on people with disabilities) Text 07587 134122

NSPCC 0808 800 5000 Email help@nspcc.org.uk

Childline 0800 1111

Child Exploitation and Online Protection www.thinkuknow.co.uk

This site offers help for parents and children (at their level) from 4 years old upwards.

Coronavirus-related scams / Fraud or Attempted Fraud

For the latest information go to <http://actionfraud.police.uk/news>

If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on 101. Report fraud or attempted fraud by contacting Action Fraud at www.actionfraud.police.uk or call 0300 123 2040.

SUPPORT -

Anxiety Call 08444 775774

Obsessive Compulsive Disorder (OCD)

Call 0845 390 6232

email – support@ocdaction.org.uk

skype 0303 040 1112

ABUSE: Victim Support – Safe Spaces

Safe Spaces is a free and independent support service, providing a confidential, personal and safe space for anyone who has been, or feels, they have experienced abuse through their relationship with the Catholic Church of England and Wales.

Telephone 0300 303 1056

Email: safespaces@victimsupport.org.uk

LiveChat at www.SafeSpacesEnglandWales.org.uk



ISOLATED DUE TO CORONAVIRUS - HOW TO OBTAIN HELP

The source of your support depends on which category of 'shielding' you fall into.

Category 1 - you have been contacted by the NHS and told to remain at home for 12 weeks. You are being supported directly from the government. If you were not contacted by the NHS and told this then you do not fall into this category.

Category 2 - anyone over the age of 70, plus anyone under the age of 70 with certain serious health conditions plus pregnant women - you are being supported by Essex County Council through their Essex Welfare Service. Please contact them on 0300 303 9988.

Category 3 - Everyone else.

You are supported by the **new helpline** set up by Rochford District Council in partnership with local faith groups, churches and voluntary organisations. If you have no friends or family close by and you need support during this crisis, or are feeling isolated, please call **01268 779999**.



ASSOCIATION OF CHRISTIAN COUNSELLOR'S (ACC) COVID-19 CRISIS COUNSELLING SUPPORT SERVICE

ACC have set up a new service – a Covid 19 Crisis Counselling Support Service (CCSS) for NHS frontline staff, People working in a residential care home setting being directly impacted by caring for people who have Covid-19 and people who have been bereaved during the COVID-19 epidemic in the U.K. The crisis counselling support service offers up to ten sessions of counselling on a no fee basis.



To find out more please visit ACC's website www.acc-uk.org or if you don't have access to a computer, please ring 024 7644 9694.

READINGS AT MASS – All Saints

First reading –Apocalypse 7:2-4,9-14

Psalm 23:1-6 *Such are the men who seek your face O Lord.*

Second reading –1John 3:1-3

Alleluia, alleluia!

Come to me all you Labour and are overburdened and I will give you rest ... Alleluia



Gospel – Matthew 5:1-12a

READINGS AT MASS for 32nd Sunday of the Year 7th November 2021

First Reading: 1Kings 17:10-16

Psalm: 145: 7-10 *My soul give praise to the Lord*

Second Reading: Hebrews 9:24-28

Alleluia Alleluia. Even if you have to die says the Lord. Keep faithful and I will give you the crown of life. Alleluia.



Gospel: Mark 12:38-44