

OUR LADY OF RANSOM



2nd Sunday of Advent 5th December 2021 (Year C) Psalter Week 2

“Well, whose side are you on?” a lady who had taught for 40 years asked me. I was about to be interviewed for my first teaching post. “I can’t stand change, especially these changes in education” she proudly admitted, “are you on the side of the staff here who like these new-fangled changes, or on my side, we - who have proudly done the same thing for 40 years”? Suddenly the question arose as to whether I really want a job in this apparently divided school. Taking sides! Ugh! And I’ve barely begun! I failed the interview. Upset at one level, quite happy at another!

Is this lady really a person of 40 years experience? Or 1 year’s experience repeated 40 times? The difference? 40 years authentic experience implies growth, change, development, maturing, deepening, risking, failing, learning and maybe succeeding occasionally. Yet, so many are resistant to all this. Resistant to change. Lives becoming incredibly boring, routine and repetitive. 1 year’s experience mechanically and lifelessly repeated over and over again. All for total predictability, control, managing, knowing and security.

Do we really want to grow in God’s love? If yes, then we need to take risks. Be prepared to fail – and learn. Mostly, be prepared to change. This is real faith. Watch John the Baptist, and so many others. See the real meaning of “repentance”. Change. The more we claim to be “set in our ways”, the more we resist change, so the more resistant we are to faith, to Our Lord’s Holy Spirit, to Our Lord himself.

How defended are we against change? What are we most resistant to in life? What or who are we most offended by? What repetitions give me security, predictability control? Some questions to ask ourselves giving clues as to where blockages exist to real faith. These will show what mountains need laying low, what valleys need filling in, as John reminds us today. Things that prevent clear access to Our Lord.

John the Baptist and Jesus call us to change. ‘Repentance’, not so much about forgiveness or some moral re-configuring of ourselves, but a preparedness for profound changes of mind-set. Mind set. Changes of heart. Of attitude. Changes at deeper levels, allowing us to grow, mature, develop, learn – all the stuff of real faith.

Faith - leading to authentic love - how else can we really witness to Our Lord?

God Bless, Fr. Paul

All Masses and Church Services are now Live Streamed.

To take part please go to <https://stream.seccomgroup.com/channel/olor>

Masses can be watched “live” or later as a recording.

Fr Paul will say Mass for the following intentions

MASS INTENTIONS	
Sat 4th Dec	
5.30pm Mass	Tony and Angela Mead. Jane and John Cook
Sun. 5th 2nd Sunday of Advent (Year C)	
8am Mass	Parish Community
9.30am Mass	James Scully RIP Catherine Culham
Mon. 6th	
	Fr. Patrick O' Doherty RIP
Tues. 7th St. Ambrose	
	Stella Ray RIP Mary and Barrie Mason
Wed. 8th The Immaculate Conception of Our Lady	
7.30am Mass	Parish Community
10am Mass	Marga Lanz RIP
Thurs. 9th	
	Fr. Hugh Doherty RIP
Fri. 10th	
10am Mass	Stella Ray RIP Tom and Isobel Kennedy
Sat. 11th 3rd Week of Advent	
5.30pm Mass	Parish Community
Sun. 12th 3rd Sunday of Advent (Gaudete Sunday)	
8am Mass	Judy Wood RIP Pat Wood
9.30am Mass	Prayer Board Intentions

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 9.30am Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of Masses are subject to change.</i></p>
--	--

Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092

Laudato Si Invitations, Commitments and Actions Document have been launched across the Diocese. These contain much information about how we can play our part in Climate Change with a healthier environment. Information on cards in the church porch or go to www.dioceseofbrentwood.net/laudatosi or email laudatosi@dioceseofbrentwood.org

Please read Bishop Alan's letter towards the end of this week's newsletter.

Sunday Obligation. The Sunday Eucharist is a gift; as God's holy people we are called to praise and thank God in the most sublime way possible. When the Church speaks of the Sunday obligation, it reminds us that attending Mass is a personal response to the selfless offering of Christ's love. At this time, we recognise that for some people there may be certain factors which hinder attendance at Sunday Mass. The pandemic is clearly not over. The risk of infection is still present. For some, there is legitimate fear in gathering together. As your bishops, we recognise that these prevailing circumstances suggest that not everyone is yet in the position to fulfil the absolute duty to attend freely Sunday Mass. Responding to the Gift We now encourage all Catholics to look again at the patterns which they have formed in recent months with regard to going to Mass on Sundays. This would include consideration and reflection about what we might do on Sundays, such as sports or shopping, or other leisure and social activities. This review, and the decisions which arise from it, fall to every Catholic and we trust this will be done with honesty, motivated by a real love for the Lord whom we encounter in the Mass. From the Bishops' Conference.

Congratulations to Elliot, Ruby, Francesca, Eleanor, Josh, Millie, James and Paddy who received the Sacrament of Confirmation last week. May they know God's peace, strength and love now and always.

Please note: Extra Mass at 7.30am on Wednesday 8th, the Solemnity of the Immaculate Conception.

Last week's newsletter has now been successfully uploaded to the website.

LIFTING OF RESTRICTIONS

If you are strict about social-distancing, the pews on the right hand side (as we face the altar) are largely reserved for those who wish to do so.

Public Masses:

Face Coverings – please continue wearing a face covering as a mark of respect for one another's health and protection.

Please **do not come** if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and **think of others**.

Social Distance should be maintained as much as possible – again – out of mutual respect.

Please continue to follow only the directions of the Stewards.

Holy Communion only to be received on the hand for added protection.

The church will continue to be both cleansed and sanitised regularly

Wash your hands, cover your face, make space.



OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

DONATIONS USING QR CODES

To avoid having too much cash lying around, it is now possible to make donations in Church using your mobile phone and QR codes.

There are notices in the porch for contributions to the parish



ONLINE DONATIONS

To make a donation online go to <https://stream.seccomgroup.com/donations/olor>

GIFT AID / ENVELOPES. Some people have started donating to the parish online during lockdown. If you are a taxpayer it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.



Please contact Sandra our Gift Aid Co-ordinator (olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.

THE THRESHOLDS OF HOPE WEBSITE is a new online resource. It is the work of the Brentwood Diocese Vicariate for Adult Formation and aims to help adults to deepen their relationship with Christ and His Church. The website address is www.thresholdsofhope.co.uk



These are a series of talks for adults who want to grow in understanding and confidence when questioned or speaking about their Catholic Faith. The talks and discussion will take place on Zoom from 4.00 - 5.00 p.m. on a Sunday afternoon. ***What are the unique insights of Catholic Social Teaching?*** takes place by Zoom on this Sunday 5th December 4.00 – 5.00 p.m. The input and discussion will be led by Fr Dominic Howarth, Episcopal Vicar for Youth Ministry and Pastoral Care. To join this meeting go to Events at www.thresholdsofhope.co.uk All Welcome Or go to Events at adultformationvicariate@dioceseofbrentwood.org For more information about *The Thresholds of Hope Questions* go to www.thresholdsofhope.co.uk or adultformationvicariate@dioceseofbrentwood.org

Also Trevor Lopez, who is training to be a doctor has also just begun a course in theology. To find out why he has decided to deepen his Catholic Faith by studying theology go to https://youtu.be/QPhjz-oY_bY or video resources on www.thresholdsofhope.co.uk

(Twitter) @thresholdsH

(facebook) @ThresholdsofHope

FIRST HOLY COMMUNION. Following enquiries from parents with children who would normally start their Holy Communion Catechism this September, we need to advise that the course is postponed until January 2022. Whilst nothing is guaranteed this will allow the 2021 children to receive their course and make their First Holy Communion. .

CONFESSIONS

The Sacrament of Reconciliation (Confessions) is available – **can now be offered openly and in the traditional Confessional Box**. At the present time, if you wish for the Sacrament, please contact Fr. Paul - the request itself is treated confidentially.

MANY THANKS FOR ALL THE MASS INTENTIONS AND CONTRIBUTIONS

Please note: At present we have a large number of outstanding Mass Intentions, which takes us **to the New year.**



PLEASE PRAY

For all the sick members in our Parish and all our relatives and friends.

† ANNIVERSARIES †

Kindly pray for Pauline Heard, Bob Hall, Antonio Reale and Margaret Brooker.
May they rest in peace.

MASS AND SYMPATHY CARDS ...can be obtained at the repository shop and the presbytery. Please contact Fr. Paul to arrange a convenient time to come, choose, collect and pay for the cards if the shop is closed.

NEWSLETTERS

A few printed newsletters will be left on the shelf outside the presbytery after each weekend Mass. These are primarily designated for anyone who has no email access.

If you are able to print off newsletters yourselves and deliver to anyone who can't get out, that would be a great act of charity. Thank you.

If you, or anyone you know, would like to receive the newsletter by email each week, please in the first instance email a request to the parish office (rayleigh@dioceseofbrentwood.org) and ask to be added onto the distribution list.

The newsletter will be emailed by the Saturday morning.

Christmas Hampers. Would like to help with putting Christmas Hampers together regarding the Foodbank? If so, **Thursday 9th December at 7.30pm** at the Todman Centre, Castle Rd, Rayleigh SS6 7QF. If so, we look forward to hearing from you. Please contact Janet Fox, Hopeworx Manager on 01268 743232 or 079 36 271949 www.hopeworx.org.uk

Walk with Me". Available now. £1 each.



Certificate in Religious Studies. (CCRS) “..gave me such understanding and confidence about my faith for my parish work.” The Catholic Certificate in Religious Studies (CCRS) provides parish leaders with knowledge and understanding of theology and the Catholic faith. 88% participants recommend the course to others. Learn in person, by distance learning or online For more information visit brs-ccrs.org.uk

Centres (in person learning) <http://brs-ccrs.org.uk/index.php/course-centres>

Life-Light Home Study Courses (distance learning) info@studylifelight.com 01844 351 514
CCRS Online (online learning) ccrsonline@hope.ac.uk 0151 291 3055

FIVE BIBLE STUDIES ON THE ADVENT SUNDAY GOSPELS

Mauro Iannicelli will break-open the forthcoming Advent Sunday Gospels with in-depth teaching and stimulating questions. As a result, you will experience Sunday Mass in a new way!

Wednesdays include: 8 Dec | 15 Dec | 22 Dec (7-8pm UK Time). Free of Charge | LIVE sessions on YouTube.

Info & Registration: <https://comeandsee.org/advent>

Brentwood Catholic Youth Service (BCYS) and Walsingham House at Abbotswick offer retreats, pilgrimages and many other events for many thousands of young people every year; most of the work is led by volunteers, trained as young leaders in the Church. The BCYS also supports our catechists and school lay chaplains. Today a speaker will tell us more about the BCYS and there will be a collection for their vital work, or you can donate online at www.bcys.net/donate.

Marriage Care is looking to recruit those who would be interested in training as counsellors to support those in need – regardless of their ability to pay.

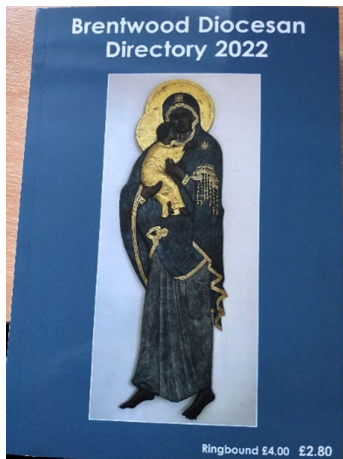
This CRC Course: The 2 year Certificate in Relationship Counselling course will start in Spring 2022 and will be delivered via a programme of face to face and online training weekends. This training opportunity has been made possible in thanks to the generous support of the Diocese of Westminster Cardinal's Lenten Appeal Fund and the voluntary commitment of Marriage Care's training team and Centre members.

Whilst there is no charge to trainees for the course itself, if selected there is a non-refundable deposit of £150 to secure your place and we invite trainees to

set up a monthly donation (suggested amount of £40) for the first 12 months - towards costs of accommodation and meals at training weekends. "If it wasn't for our counsellor we would probably have separated - now we can look forward to the prospect of a happy life growing old together" "The Marriage care training allowed me to develop my skills with excellent hands-on support." Counselling client Counsellor For more information visit our webpage: www.marriagecare.org.uk/crc or denise@sunningdalehouse.co

The Diocesan Lourdes Pilgrimage in 2022, led by Bishop Alan, will take place from Sunday 24 – Friday 29 July in Lourdes. Costs have not yet been confirmed .

This will be the first time in three years that the diocese has returned to Lourdes. Brochures for the pilgrimage, which will include costs, will be available soon. If you would like further information now, please contact Cathy O'Connor, the Administrative Director: cathy@dioceseofbrentwood.org or 07813 710070.



New Diocesan Directories. £2.80 or Ringbound £4.00

BCYS Advent Retreat, 10th-11th December at Walsingham House at Abbotswick

Open to all those in years 10-13, at our beautiful retreat house just outside Brentwood, the BCYS invites you to join us and other young Catholics for our Advent Retreat, with an exciting variety of interactive workshops, times of reflection, prayer and as we look at different themes and aspects of the Advent story. The cost of the retreat is just £35, including accommodation, activities and meals. You can find out more and book your place at www.bcys.net/events or get in touch at info@bcys.net !

And the BCYS Summer Lourdes Pilgrimage 2022: 23rd – 30th July 2022.

Applications are **now open** for our summer pilgrimage to Lourdes for those in Years 11-13, with those of school leaver age (18+) invited to join us as young leaders. This is one of our most popular events and after a 2 year gap we are excited to be returning next year. The week is spent travelling alongside the main Diocesan pilgrimage as we assist the elderly and infirm with going to Masses and services, as well as visiting shops and cafes

within the town. For those travelling with the BCYS the week will also include a retreat, reconciliation service, as well as social events and a party. Please see www.bcys.net/events/sl22/ for more information including visas, vaccinations and how to apply.

Advent Box (FAB)

An amazing alternative to an advent calendar, our FAB provides all the ingredients for a meaningful, memory making, relationship-building family Christmas that's fun for all.

Only one box needed for the whole family. Contains poster, stickers, bookmark, daily readings, wooden ornaments, deck of cards and many more activities.

biblesociety.org.uk/products/bib-000589

or call

Catholic Scripture Engagement Manager

Mobile: 07909 255 103

Alternative Gifts” this Christmas. St Mother Teresa of Calcutta said, “It is Christmas every time you let God love others through you.” As part of Advent, we naturally reflect on our Christmas giving. Many charities now offer inventive and wonderful ways to support their work, as a gift to others – you can buy goats or bees, help preserve sections of rainforest, and much more. To help in your search for such gifts our Diocesan Caritas has brought a range of charity details all together on one page, and you will find it at: <https://www.caritasbrentwood.org/christmas/>

The Passage, a Catholic charity working with homeless people is raising funds through the Big Give a matched giving scheme from 12.00 noon. Every £1 donated online between 12.00 noon on Tuesday 30 November and 12.00 noon on Tuesday 7 December makes £2 and £2.25 if you are a taxpayer through Gift Aid. At a time when The Passage's finances are stretched and they are helping more homeless people please consider supporting this charity through the link <https://bit.ly/PassageBG2021>

Andrew Hollingsworth

Community Fundraiser



Tel: 020 7592 1886

Mobile: 07928703131

Email: Andrew.Hollingsworth@passage.org.uk

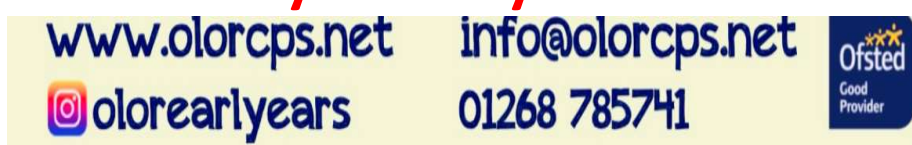
Web: www.passage.org.uk

The Bethlehem Nativity Group TBNG, A missionary from Bethlehem, the Holy Land will visit us on weekend 18th-19th December to briefly talk about the Holy Land and sell religious articles made out of Olive Wood from the Holy Land to help and support the poor Christian families, any help given to them will be highly appreciated.

FAITH TALK ON THE CHRISTMAS GOSPELS: As Christmas draws closer we shall be reading the sections of the gospels commonly known as 'infancy narratives' with their stories of the births of John the Baptist and of Jesus. The three parts of this talk consider Matthew chapters 1-2, Luke chapters 1-2 and John chapter 1. The videos are available free of charge on www.whatgoodnews.org They are given by Fr Adrian Graffy, parish priest, Scripture scholar and member of the Pontifical Biblical Commission.



Final Open Morning Friday January 7th 2022 9.30-11am



VARIOUS CAFOD ONLINE CONTACTS:

cafod.org.uk/climatecrisis

cafod.org.uk/fastday

cafod.org.uk/contactless

cafod.org.uk/gogreen

worldgifts@cafod.org.uk

cafod.org.uk/parish-giving

shop.cafod.org.uk/harvest

Cafod Prayer: Walk beside me Lord in the cool of the Day; in the garden you have created as our common home. Walk beside us Lord as the cries of the forest pierce the dawn, and flames rip through our common home. Grant us courage Lord as we walk beside all those who struggle to protect our common home. Grant us hope Lord, and the vision to walk dark paths in the light of a single sunbeam. Grant us grace Lord to put the flourishing of all people and the wonder of your creation at the heart of all we do. As we strive to be guardians of our common home.
St. Francis pray for us

Brentwood Catholic Children's Society: Christmas Newsletter:

https://www.bccs.org.uk/application/files/9116/3766/5411/bccs_Newsletter_Christmas_2021.pdf

Christmas Cards: <https://www.bccs.org.uk/christmas/christmas-cards>

Tree of Angels: <https://www.bccs.org.uk/christmas/tree-angels>

Advent Carol Service: You are warmly invited to join us at Walsingham House at Abbotswick for our annual Advent Carol Service on next **Sunday 12th December**. We will have Christmas carols both classic and contemporary performed by our incredibly talented BCYS musicians, accompanied with readings from scripture and Christmas poems & stories. This year we are running two concerts, at **3pm or 7pm**, however there will be limited capacity at each event and this will be dependent on any current Government restrictions or social distancing, in place at the time. Tickets are £10 and the money will go towards supporting our pilgrimages to Lourdes. To book your place please contact Joe Beattie, Walsingham House manager on josephbeattie@dioceseofbrentwood.org or 01277 373 959

Generational Family Tree Healing Mass. Tuesday the 7th of December, with rosary and preparation prayers at 6.30pm, Mass at 7.00pm, followed by Exposition and healing prayers and individual blessings. All welcome. At Our Lady of Canvey & the English Martyrs, - Canvey Island.

**ST BEDE'S CATHOLIC PRIMARY SCHOOL & NURSERY, Chadwell Heath
(London Borough of Redbridge)**
Learning Support Assistants (3 posts). Three permanent posts to support children with high needs
LBR scale 3 Salary £22,185 - £22,985 per annum pro rata according to hours/weeks worked
Hours of work: 8.45–5.15pm Monday & 8.45am–3.30pm Tuesday to Friday (29.25 hours per week/43.26 weeks per year) Call 0208 590 1376

29th October 2021

Here to help you

Who are the Prevent & Protect (P&P) Team?

The Essex Police Prevent & Protect team work in support of the Serious Organised Crime Strategy. We seek to deliver best practice in building the highest levels of defence and resilience in our community.

Prevent

This is about stopping the problem at source, by identifying and supporting those at risk of engaging in criminality. We will develop and use preventative methods and education to divert more people from a life of serious and organised crime and reduce reoffending.

Protect

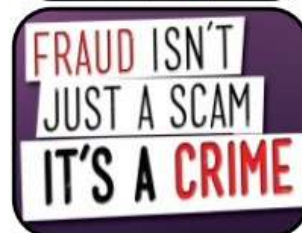
This is about building the highest levels of defence and resilience in vulnerable people, communities, businesses, property and systems. By reducing these vulnerabilities, we provide criminals with fewer opportunities to target and exploit. We also aim to ensure our communities better recognise the techniques of criminals and take steps to target harden and protect themselves.

The Protect & Prevent Team cover 5 work streams

- Cybercrime
- Fraud
- Organised Crime Groups (OCGs)
- Modern Slavery & Human Trafficking (MSHT)
- Gangs & County Lines

What can P&P do for you?

- Provide free upskilling presentations in person or on-line
- Provide advice re Prevent & Protect tactics
- Provide assistance re emerging crime trends



- Assist with any local, regional or national campaigns
- Act as a link to other regional and national organisations, i.e. Trading Standards & Environmental Agency.



If you have any information about possible organised crime, victims of such crime or vulnerable people subject of exploitation, please inform **Essex Police** or **CrimeStoppers** on **0800 555111**



Keep up to date and do **even more** Online at essex.police.uk

Essex Police Organised Crime Newsletter



Who else can offer help and guidance?

All of the below organisations can offer specialist support, advice and guidance with regards to all types of serious organised crime, which can be obtained either from their websites, their social media feeds or by contacting them direct.



The National Crime Agency leads the UK's fight to cut serious and organised crime, protecting the public by targeting and pursuing those criminals who pose the greatest risk to the UK.

NCA officers work at the forefront of law enforcement, building the best possible intelligence picture of all serious and organised crime threats; relentlessly pursuing the most serious and dangerous offenders; and developing and delivering specialist capabilities on behalf of law enforcement and other partners.

The aim of our ROCU is primarily to identify and disrupt organised criminals operating across the

Eastern Region Special Operations Unit



The aim of our ROCU is primarily to identify and disrupt organised criminals operating across the eastern region.

They are one of 10 ROCUs operating across England and Wales providing specialist capability to tackle the increasingly complex threat posed by organised crime.

Eastern Region Special Operations Unit



Regional Organised Crime Unit

Officers and staff in the unit tackle a range of crime – from child sexual exploitation and modern slavery to county drugs lines and cybercrime.

The unit also has an economic crime team which tackles offences such as fraud and money laundering, as well as using the latest Proceeds of Crime Act legislation to ensure crime never pays.

CrimeStoppers are an independent charity that gives people the

CrimeStoppers.

0800 555 111

100% anonymous. Always.

CrimeStoppers are an independent charity that gives people the power to speak up and stop crime – 100% anonymously.

They believe that everyone has the right to feel safe from crime. Whoever you are, wherever you live, from communities to companies.

You can contact them by phone on **0800 555 111** and online, **24/7, 365** days a year.

They also share advice on how to protect the people you care about from crime so everyone can feel safe.



If you have any information about possible organised crime, victims of such crime or vulnerable people subject of exploitation, please inform **Essex Police** or **CrimeStoppers** on **0800 555 111**

Keep up to date and
do **even more** Online  essex.police.uk 



Essex Police **Organised Crime Newsletter**



STOP LOAN SHARKS

Intervention . Support . Education

The Illegal Money Lending Team investigates and prosecutes illegal money lenders while supporting those who have borrowed money from a loan shark.

The Stop Loan Sharks team have developed a range of free education resources, free partner tools, and will also deliver free in-house training for partner agencies and the police.

Unseen is a UK charity with its head office in Bristol. They provide safehouses and support in the community for survivors of trafficking and modern slavery. They also run the UK Modern Slavery & Exploitation Helpline and work with individuals, communities, business, governments, other charities and statutory agencies to stamp out slavery for good.





Gangmasters and Labour Abuse Authority

The GLAAs role is to protect vulnerable and exploited workers. Through the intelligence they receive from our inspections, the public, industry and other government departments, they investigate reports of worker exploitation and illegal activity such as human trafficking, forced labour and illegal labour provision, as well as offences under the National Minimum Wage and Employment Agencies Acts.

They investigate all aspects of labour exploitation in England and Wales but they also work with partner organisations such as the police, the National Crime Agency and other government law enforcement agencies to target, dismantle and disrupt serious and organised crime across the UK.

Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber crime in England, Wales and Northern Ireland. They provide a central point of contact for information about fraud and financially motivated internet crime.

Action Fraud

National Fraud & Cyber Crime Reporting Centre

0300 123 2040



National Cyber Security Centre

a part of GCHQ

The NCSC understands cyber security, and distils this knowledge into practical guidance that they make available to all. They respond to cyber security incidents to reduce the harm they cause to organisations and the wider UK. They use industry and academic expertise to nurture the UK's cyber security capability. The NCSC reduce risks to the UK by securing public and private sector networks



If you have any information about possible organised crime, victims of such crime or vulnerable people subject of exploitation, please inform

Keep up to date and
do **even more** Online at essex.police.uk





Gangmasters and Labour Abuse Authority

The GLAAs role is to protect vulnerable and exploited workers. Through the intelligence they receive from our inspections, the public, industry and other government departments, they investigate reports of worker exploitation and illegal activity such as human trafficking, forced labour and illegal labour provision, as well as offences under the National Minimum Wage and Employment Agencies Acts.

They investigate all aspects of labour exploitation in England and Wales but they also work with partner organisations such as the police, the National Crime Agency and other government law enforcement agencies to target, dismantle and disrupt serious and organised crime across the UK.

Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber crime in England, Wales and Northern Ireland. They provide a central point of contact for information about fraud and financially motivated internet crime.

Action Fraud

National Fraud & Cyber Crime Reporting Centre

0300 123 2040



National Cyber Security Centre

a part of GCHQ

The NCSC understands cyber security, and distils this knowledge into practical guidance that they make available to all. They respond to cyber security incidents to reduce the harm they cause to organisations and the wider UK. They use industry and academic expertise to nurture the UK's cyber security capability. The NCSC reduce risks to the UK by securing public and private sector networks



If you have any information about possible organised crime, victims of such crime or vulnerable people subject of exploitation, please inform

Keep up to date and
do **even more** Online **at** essex.police.uk



SOME USEFUL NUMBERS THAT MAY HELP YOU, YOUR FAMILIES OR NEIGHBOURS.



ABUSE AND OTHER HELPLINES – USEFUL TELEPHONE NUMBERS

Police - call 999 – if you cannot respond due to danger, tap the mobile handset or cough, then when prompted press 55 (this takes you straight through to the police)

Freephone National Domestic Abuse Helpline: 0808 200 0247

www.nationaldahelpline.org.uk

Men's advice line 0808 801 0327 www.mensadvice.org.uk

Rape Crisis 0808 9999 www.rapecrisis.org.uk

Respect phonenumber 0808 999 4040 www.respectphonenumber.org.uk

Karma Nirvana – a national honour based abuse helpline 0808 5999 247

support@karmanirvana.org.uk

Stay Safe East 0208 519 7241 (focus on people with disabilities) Text 07587 134122

NSPCC 0808 800 5000 Email help@nspcc.org.uk

Childline 0800 1111

Child Exploitation and Online Protection www.thinkuknow.co.uk

This site offers help for parents and children (at their level) from 4years old upwards.

Coronavirus-related scams / Fraud or Attempted Fraud

For the latest information go to <http://actionfraud.police.uk/news>

If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on 101. Report fraud or attempted fraud by contacting Action Fraud at www.actionfraud.police.uk or call 0300 123 2040.

Suspicious emails NCSC (National Cyber Security Centre) report@phishing.gov.uk

SUPPORT -

Anxiety Call 08444 775774

Obsessive Compulsive Disorder (OCD)

email – support@ocdaction.org.uk

Call 0845 390 6232

skype 0303 040 1112

ABUSE: Victim Support – Safe Spaces

Safe Spaces is a free and independent support service, providing a confidential, personal and safe space for anyone who has been, or feels, they have experienced abuse through their relationship with the Catholic Church of England and Wales.

Telephone 0300 303 1056

Email: safespaces@victimsupport.org.uk

LiveChat at www.SafeSpacesEnglandWales.org.uk



ISOLATED DUE TO CORONAVIRUS - HOW TO OBTAIN HELP

The source of your support depends on which category of 'shielding' you fall into.

Category 1 - you have been contacted by the NHS and told to remain at home for 12 weeks. You are being supported directly from the government. If you were not contacted by the NHS and told this then you do not fall into this category.

Category 2 - anyone over the age of 70, plus anyone under the age of 70 with certain serious health conditions plus pregnant women - you are being supported by Essex County Council through their Essex Welfare Service. Please contact them on 0300 303 9988.

Category 3 - Everyone else.

You are supported by the **new helpline** set up by Rochford District Council in partnership with local faith groups, churches and voluntary organisations. If you have no friends or family close by and you need support during this crisis, or are feeling isolated, please call **01268 779999**.



ASSOCIATION OF CHRISTIAN COUNSELLOR'S (ACC) COVID-19 CRISIS COUNSELLING SUPPORT SERVICE

ACC have set up a new service – a Covid 19 Crisis Counselling Support Service (CCSS) for NHS frontline staff, People working in a residential care home setting being directly impacted by caring for people who have Covid-19 and people who have been bereaved during the COVID-19 epidemic in the U.K. The crisis counselling support service offers up to ten sessions of counselling on a no fee basis.



To find out more please visit ACC's website www.acc-uk.org or
if you don't have access to a computer, please ring 024 7644 9694
Higher Level Teaching Assistant vacancy – Sacred Heart Catholic Primary School **Pastoral Letter for the**

For the First Sunday of Advent (last week)

My dear People,

On this, the First Sunday of Advent, we embark on a journey together with the Universal Church. Every diocese throughout the world has been invited by Pope Francis to walk the Synodal Pathway. The journey begins now and will conclude in Rome in 2023.

The Holy Father invites us to enter this Synodal Journey, moving towards greater Communion, Participation and Mission within the Church. These three themes reflect both our calling and ultimately our destination as Catholic Christians.

We begin in Advent, a season of listening, reflected in the most perfect example Our Blessed Mother, Mary. Listening was central to the Annunciation. First, God speaks to Mary; she loves God and she listens to him with an open heart and a willingness to participate in His plan. Later, at the Visitation, Mary cares for and listens to her cousin, Elizabeth. Our Lady shows us what it means to be fully attentive to God and to neighbour.

Now it is our turn. We are being asked to pray together, to talk with, and listen to each other, and to share our dreams for a future Church that is enhanced by communion, participation and mission.

The Holy Father has made it clear that each diocese ought to tailor the pathway to their unique, local situation and with this in mind I would like to encourage you to undertake this task within your Parish Partnerships. These were established as part of our Stewards of the Gospel process, which led, three years ago in the Advent of 2018 to the publication of our Vision Document: Shaping Our Future.

As a diocese, we now have some experience of collective discernment of the will of the Holy Spirit, as the common theme of listening together runs between the Stewards of the Gospel process and the Synodal Pathway. Pope Francis puts it beautifully, saying, “Our journeying together is what most effectively enacts and manifests the nature of the Church as the pilgrim and missionary People of God”. My hope is that the Synodal pathway will help us to discern and implement our own vision and manifest our missionary nature.

Now I urge you to come together in your parish partnership; to pray and to dream of the future of our church, to listen with care and respect to one another, allowing the Holy Spirit to guide your conversations.

Everyone should be included in this prayerful listening and discernment and there will be notices in your parish bulletin or on social media with further information.

As we journey together in our pilgrimage to the house of God our Father, I invite you to use the Synod Prayer which will be available in print form and also on diocesan and parish web sites. Attributed to St Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. This version has been designed specifically for the Church’s Synodal

Pathway. Please pray it, inviting the Holy Spirit into your busy lives and homes and know that I will be praying for you also.

Yours in Christ and Mary,

+Alan Williams, sm
Bishop of Brentwood

.
READINGS AT MASS – 2nd Sunday of Advent
5th December 2021

First reading –Baruch 5: 1-9

Psalm 125

What marvels the Lord worked for us! Indeed we were glad.

Second reading –Philippians 1:4-6,8-11

Alleluia, alleluia!

Prepare a way for the Lord, make his paths straight, and all mankind shall see the salvation of God ... Alleluia



Gospel –Luke 3: 1-6