

OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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Taking part may be free. Commitment will cost us. Total commitment can cost us totally. Jesus pulls no punches this week, with expressions like 'hate', 'carrying your cross', and 'renouncing selves', all which can be troublesome. He is looking for total commitment. Who is really up to this?! Jesus is simply stating the truth in all its rawness, it's up to us how we deal with it. He is clearly wanting us to remove any blockages and attachments that prevent us from putting God first in our lives - be they our own self-image, ambitions or reputations. He further wants us to deal with pain without making anyone else pay the price – ie. carrying our cross. This is all tough stuff. But being an authentic Christian is never easy! That's why only the "few" really get it.

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God Bless, Fr. Paul

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Psalms: 89: 3-6, 12-14, 17

Second Reading: Philemon: 9-10, 12-17

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The Universe – Catholic Paper:

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THINKING ABOUT THE CATHOLIC FAITH? ...

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Please contact Sandra our Gift Aid Co-ordinator

(olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.



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Please use this link address to view current vacancies.

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The following are currently being recruited for:

- [Headteacher - St Anne Line Infant School, Basildon](#)
Deadline for applications: 12:00 noon on Friday 23rd September 2022
- [Headteacher - St Teresa's Primary School, Basildon](#)
Deadline for applications: 16:00 on Friday 23rd September 2022

Parish Administrator, Dagenham.

The successful applicant will ideally be an administrator with substantial experience in office organisation. They must have excellent communication and Microsoft office skills, including Word and Excel and financial experience.

Hours: 6-8 hours per week. Further details can be found here: [Parish Administrator – Dagenham](#)

Apply by sending a CV and covering letter (no longer than A4) to dagenhamstp@dioceseofbrentwood.org Closing date for applications is 1st October 2022

Mental Health First Aid Course

Thursday 17th November 8.30am – 4.30pm **and continued on**

Friday 18th November 10am – 5pm

In the Bethany Room.

To learn more book onto an Adult MHFA Two Day course, please contact Fr

Paul at the parish office on 01268 38 24 99 or

rayleigh@dioceseofbrentwood.org

Cost £60.00 for the two day course (elsewhere this course would cost significantly more). Please book no later than Friday 28th October 2022.

Thank you.



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA England training won't teach you to be a therapist, but just like physical first aid, it will teach you to listen, reassure and respond, even in a crisis.

Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

What will I learn?

Learning takes place through a mix of group activities, presentations and discussions. What you learn will depend on the length of course you attend:

Two Day - Mental Health First Aiders

A practical skills and awareness course designed to give you:

- A deeper understanding of mental health and the factors that can affect people's wellbeing, including your own
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to step in, reassure and support a person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help someone recover their health by guiding them to appropriate support

How will attending an MHFA England course help?

Research and evaluation shows that taking part in an MHFA England course:

- Raises awareness and mental health literacy
- Reduces stigma around mental ill health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

To learn more or book onto an Adult MHFA Two Day course:

Mike Thakoordin
e: mikethakoordin@yahoo.co.uk
m: 07745 026539

Other Adult MHFA England courses

In addition to the Adult MHFA Two Day course, we also offer shorter training options including a one day MHFA Champions course and a half day Mental Health Aware course. To learn more about training options, visit mhfaengland.org.



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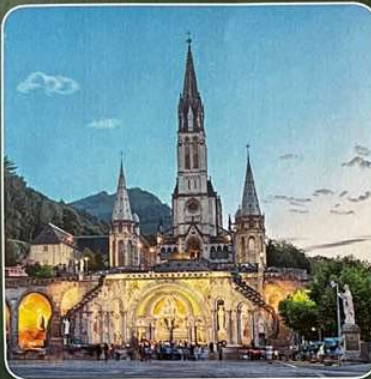
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TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
www.tangney-tours.com



Our Lady of Ransom - Pilgrimage to Lourdes
Monday 22nd May - Friday 26th May 2023



To express an interest in joining this 4 night pilgrimage, please contact:

Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

Full spiritual itinerary for all
destinations

Over 40 years of pilgrimage
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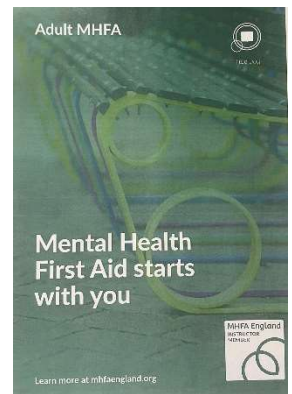
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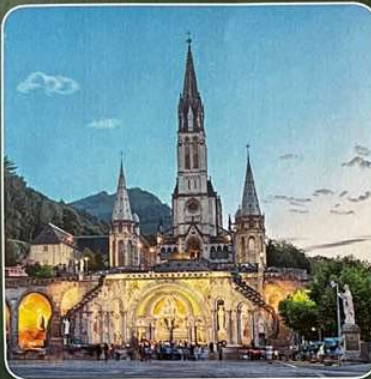
*Your Pilgrimage is
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Pilgrim House, Station Court
Borough Green
Kent
TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
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Monday 22nd May - Friday 26th May 2023



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Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

Full spiritual itinerary for all
destinations

Over 40 years of pilgrimage
experience

Pilgrimages with 100% financial
protection

A dedicated, knowledgeable &
caring team

OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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The Universe – Catholic Paper:

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

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PUBLIC MASSES

Please do not come if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and think of others.

Social Distance should be maintained as much as possible – again – out of mutual respect. Please continue to follow only the directions of the Welcomers. Holy Communion only to be received on the hand for added protection.

The church will continue to be both cleansed and sanitised regularly.

Wash your hands, cover your face, make space.



FACE COVERINGS:

Although the legal requirement to wear a face covering no longer applies, the government suggests you continue to wear a face covering in crowded and enclosed spaces. *We strongly encourage parishioners to continue wearing a face covering/mask while moving around the Church. While you are in your place in Church, please feel free to remove your face covering if you so wish.*

OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

DONATIONS USING QR CODES

To avoid having too much cash lying around, it is now possible to make donations in Church using your mobile phone and QR codes.

There are notices in the porch for contributions to the parish



ONLINE DONATIONS

To make a donation online go to <https://stream.seccomgroup.com/donations/olor>

GIFT AID / ENVELOPES. If you are a taxpayer and donate to the parish online, it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.

Please contact Sandra our Gift Aid Co-ordinator

(olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.



Beginning Experience Weekend:

If you have suffered a divorce, separation or the death of your partner, a residential weekend to help you to heal will be held from 14th to 16th October 2022 at the Sion Community, Brentwood, Essex. If you would like more details, please ring Freda 01322838415 or Maura 07795-498445 or email besouthofengland@gmail.com.

Diocesan Youth Events.



Flame takes place at Wembley Arena on Saturday 4th March, and we have a limited number of BCYS tickets available at the earlybird price if you book before October! The day is always filled with amazing speakers, music, workshops and so much more! If you have never taken young people to Flame before, there is a lot more info on the website: <https://cymfed.org.uk/flame/> But do make your bookings with the BCYS (email gabriellafusi@dioceseofbrentwood.org)

Youth Mass returns on the first Thursday of each month, beginning from 6pm with a variety of inspiring speakers, workshops, social events, celebrations, visiting clergy and of course.... Pizza!!! Mass will then begin at 7:30pm, and we welcome absolutely anyone to join us.

Youth Gather will be back at Mersea Island for the first time in 3 years for a weekend of exhilarating outdoor activities (archery, climbing, high ropes and more!), youth led Mass and prayer, workshops from the SVP and a talk from the incredibly inspiring Margaret and Barry Mizen whose young son Jimmy was killed the day after his 16th Birthday. Their powerful story of faith and forgiveness is not one to miss!

Places are limited to just 100, so make sure to book in soon at www.bcys.net/events before you miss out!

Adventure in Faith – journey towards World Youth Day, Porto and Lisbon, July 26th – August 9th 2023 This amazing opportunity is for anyone who will be aged 17 – 27 in August 2023. Find out more at <https://bcys.net/events/wyd23/>. Express your interest with an email to WYD@dioceseofbrentwood.org.

School Vacancies. All Brentwood Diocesan Catholic School Vacancies (for which the Education Services Department are aware) are posted on the Diocesan website.

Please use this link address to view current vacancies.

<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

The following are currently being recruited for:

- [Headteacher - St Anne Line Infant School, Basildon](#)
Deadline for applications: 12:00 noon on Friday 23rd September 2022
- [Headteacher - St Teresa's Primary School, Basildon](#)
Deadline for applications: 16:00 on Friday 23rd September 2022

Parish Administrator, Dagenham.

The successful applicant will ideally be an administrator with substantial experience in office organisation. They must have excellent communication and Microsoft office skills, including Word and Excel and financial experience.

Hours: 6-8 hours per week. Further details can be found here: [Parish Administrator – Dagenham](#)

Apply by sending a CV and covering letter (no longer than A4) to dagenhamstp@dioceseofbrentwood.org Closing date for applications is 1st October 2022

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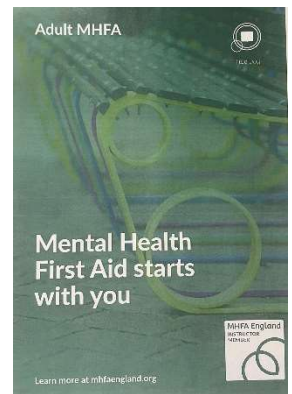
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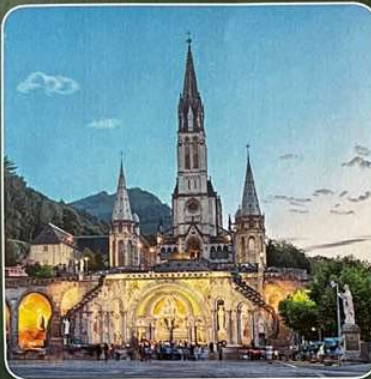
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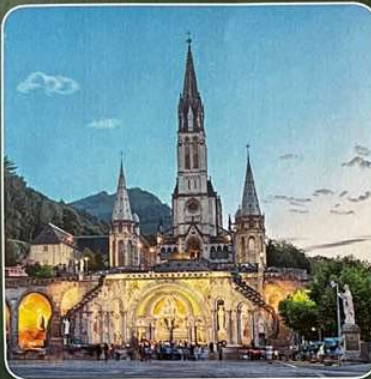
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Kent
TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
www.tangney-tours.com



Our Lady of Ransom - Pilgrimage to Lourdes
Monday 22nd May - Friday 26th May 2023



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Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

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destinations

Over 40 years of pilgrimage
experience

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caring team

OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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Sunday Coffee Morning –

£100 will be donated to CAFOD.



Wednesday Coffee Mornings. All being well, coffee mornings after the Wednesday morning Mass will resume this coming Wednesday.



St. Bernadette's Relics are coming to Britain. Have a look at this video. [Be part of the St Bernadette Relic Tour this autumn - Brentwood Diocese \(dioceseofbrentwood.net\)](https://dioceseofbrentwood.net)

The relics will be visiting Brentwood Cathedral on 16/17 October and Our Lady of Lourdes, Wanstead on 18 October. Those wishing to attend should register through the tour website in order to manage numbers safely: (<https://stbernadette.org.uk>) Registration - St Bernadette

The Parish Choir will start up again after the summer break. We intend to sing at the



10am Sunday Mass twice a month (normally 1st and 3rd Sundays of the month) and have a **choir practice at 7.30pm** on the Thursday prior to the Sunday we are singing. Sopranos, Altos, Tenors and Basses all needed. No previous experience needed but it would be helpful. Why not come along and give it a try? The practice will be only an hour long and will be in the organ loft. Please consider joining us, as we are greatly depleted in number since the pandemic. Just contact Isobel Kennedy 01702 230578.

Retrouvaille: A Programme for Couples Struggling in their Marriages

Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 13 - 16 October 2022 or a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

The Universe – Catholic Paper:

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

THINKING ABOUT THE CATHOLIC FAITH? ...

The next RCIA meeting will be **THIS** Monday 5th September at 8pm in the Bethany Room (no meetings in August).

If you are interested in joining the programme, please contact Fr. Paul for more details. (01268 382499 / rayleigh@dioceseofbretnwood.org)



SHARING THE CHURCH'S STORY CONFERENCE aims to bring people together for an experience of profound personal renewal and to be equipped for mission. With world-class speakers, including Bishop Robert Barron, panels, and moments of powerful prayer and worship, we are excited for what God will do through this event. The Conference takes place on Saturday 17th September in London, to find out more about this important conference and to book go to www.sharingthechurchsstory.com

PUBLIC MASSES

Please do not come if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and think of others.

Social Distance should be maintained as much as possible – again – out of mutual respect. Please continue to follow only the directions of the Welcomers. Holy Communion only to be received on the hand for added protection. The church will continue to be both cleansed and sanitised regularly.

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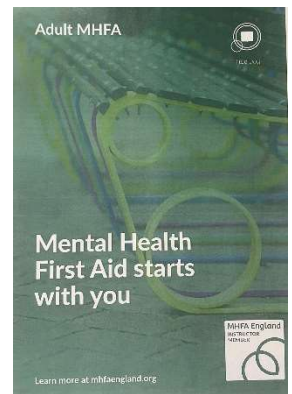
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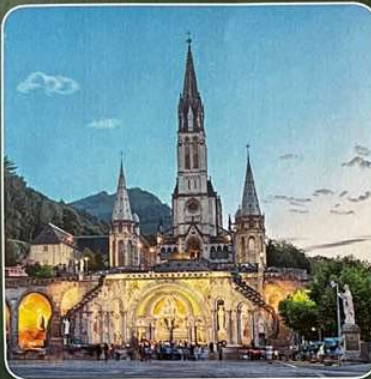
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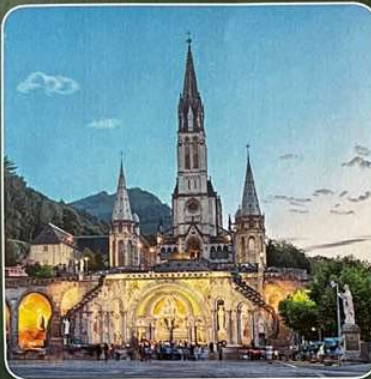
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TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
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Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

Full spiritual itinerary for all
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OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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God Bless, Fr. Paul

First Reading: Wisdom 9:13-18

Psalm: 89: 3-6,12-14,17

Second Reading: Philemon: 9-10, 12-17

Gospel: Luke 14:25-33



MASS INTENTIONS	
Saturday 3rd September	St Gregory the Great
5.30pm Mass	Elizabeth Fallaize RIP (Annie Fallaize)
Sunday 4th September	Twenty-Third Sunday in Ordinary Time
8.00am Mass	Parish Community
10.00am Mass	Martin Chandler RIP (Spooner Family)
Monday 5th September	
7.15pm	Alice Allso RIP
Tuesday 6th September	
	Williams Family & Betty Curran RIP
Wednesday 7th September	
10.00 am	Mike Barry RIP (Anniversary) (Hilary Barry)
Thursday 8th September	The Nativity of the Blessed Virgin Mary
	Fr. Richard Rowe RIP
Friday 9th September	
10.00am	Sheila Murphy RIP (Spooner Family)
Saturday 10th September	
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Sunday 11th September	Twenty-Fourth Sunday in Ordinary Time
8.00am Mass	Safa Ashkuri RIP (Maureen Ashkuri)
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All Masses and Church Services are now Live Streamed.

***To take part please go to <https://stream.seccomgroup.com/channel/olor>
Masses can be watched "live" or later as a recording.***

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 10.00am Mondays 7.15pm Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of weekday Masses are subject to change.</i></p>
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Sacrament of Reconciliation: 4.30pm – 5pm Saturday evenings (not in the confessional box).

Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092



ANNIVERSARIES †

Kindly pray for Kathleen Brown, Margaret Walsh, Michael (Mike) Barry, Stella Ray, and Brian Gilbert, whose anniversaries occur about this time.

May they rest in peace.

NEWSLETTER ITEMS:

Please ensure all items for the parish newsletter are submitted to the office by **11am on Thursdays** at the latest.

Please see the note about 1) Parish Pilgrimage to Lourdes and 2) A Mental Health First Aid 2 day course, both at the end of this newsletter.

Please note: the Bethany Room lock has changed in order to make it easier to open the door. Please see Fr. Paul for a new key. A new key will only be given if considered needed. This new lock will be put on a new door when it is installed. (Apologies in advance if any inconvenience has been caused by this change to any of our groups).

Please note: For church insurance purposes and our records, church keys must NEVER be lent out under any circumstances, never given to another person and never cut, all unless express permission is given from the Parish Office. Thank you.

Works. Apologies for any inconvenience caused by the works going on outside to the side of the church. To come to the presbytery you may or may/not need to walk around the side of the church. Hopefully all this should only be for the next few days. Please adhere to signs and barriers for everyone's safety. Thank you.

Scaffolding. In order to repair the lights in the church scaffolding is needed. This will hopefully be done next week, which may result in scaffolding being left in the church during the week. Please be patient and careful. Thank you again.



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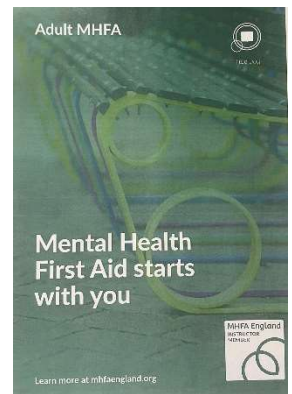
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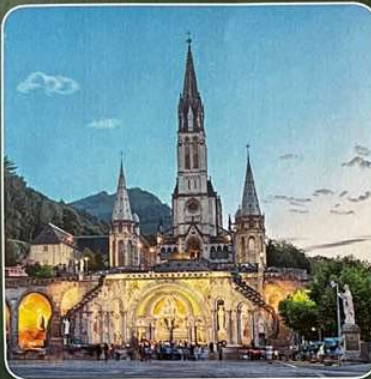
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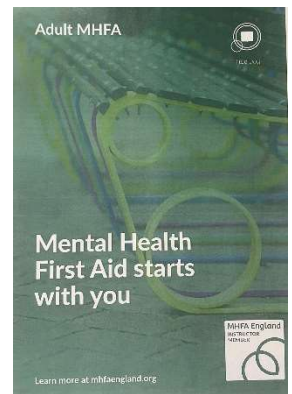
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Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

What will I learn?

Learning takes place through a mix of group activities, presentations and discussions. What you learn will depend on the length of course you attend:

Two Day - Mental Health First Aiders

A practical skills and awareness course designed to give you:

- A deeper understanding of mental health and the factors that can affect people's wellbeing, including your own
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to step in, reassure and support a person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help someone recover their health by guiding them to appropriate support

How will attending an MHFA England course help?

Research and evaluation shows that taking part in an MHFA England course:

- Raises awareness and mental health literacy
- Reduces stigma around mental ill health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

To learn more or book onto an Adult MHFA Two Day course:

Mike Thakoordin
e: mikethakoordin@yahoo.co.uk
m: 07745 026539

Other Adult MHFA England courses

In addition to the Adult MHFA Two Day course, we also offer shorter training options including a one day MHFA Champions course and a half day Mental Health Aware course. To learn more about training options, visit mhfaengland.org.



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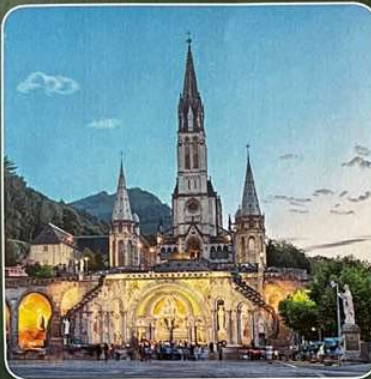
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www.tangney-tours.com



Our Lady of Ransom - Pilgrimage to Lourdes
Monday 22nd May - Friday 26th May 2023



To express an interest in joining this 4 night pilgrimage, please contact:

Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

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OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



A hen and pig were walking along together chatting. They came to a poster advertising the 'Great British Breakfast' featuring the usual fried eggs, beans, mushrooms, sausages and sizzling fried bacon. "Yummy", sighed the hen, "doesn't that 'British Breakfast' sound great"? 'Hmm', replied the pig, 'you may freely participate and enjoy it, but for me, it is total commitment'.

Taking part may be free. Commitment will cost us. Total commitment can cost us totally. Jesus pulls no punches this week, with expressions like 'hate', 'carrying your cross', and 'renouncing selves', all which can be troublesome. He is looking for total commitment. Who is really up to this?! Jesus is simply stating the truth in all its rawness, it's up to us how we deal with it. He is clearly wanting us to remove any blockages and attachments that prevent us from putting God first in our lives - be they our own self-image, ambitions or reputations. He further wants us to deal with pain without making anyone else pay the price – ie. carrying our cross. This is all tough stuff. But being an authentic Christian is never easy! That's why only the "few" really get it.

Jesus doesn't qualify such sayings too much as he knows that too much explaining would divest the word of any power. That is up to the listeners, to keep discussing, ask more questions, and then still more questions, and again even more questions, in that way we keep going deeper. We can never exhaust the word of God.

Our Lord wants to draw us into conversations that matter, rather than offering quick closure and pithy answers. So many petty arguments today may be seen as middle class luxuries, and yet the whole church, our politics, and life itself can be divided over such silliness. So much paper, disc space, time and media is wasted. Maybe these petty arguments are an avoidance strategy that happily keep us from discussing the bigger things that really matter because, in all honesty, they can be just too painful or awkward. So we avoid them with our petty-minded arguments

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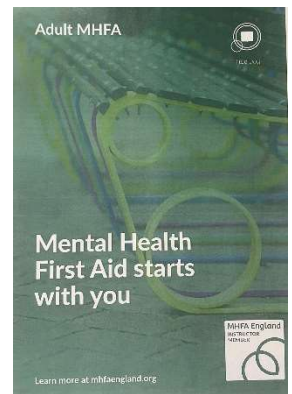
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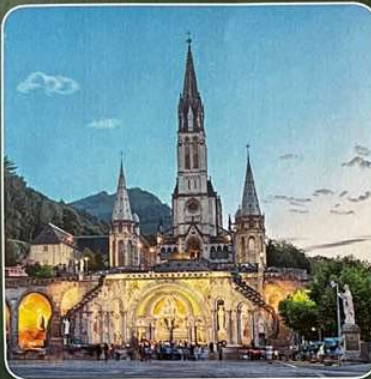
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Monday 22nd May - Friday 26th May 2023



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Email: shelaghmesher@hotmail.com

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OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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The Universe – Catholic Paper:

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GIFT AID / ENVELOPES. If you are a taxpayer and donate to the parish online, it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.

Please contact Sandra our Gift Aid Co-ordinator

(olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.



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Diocesan Youth Events.



Flame takes place at Wembley Arena on Saturday 4th March, and we have a limited number of BCYS tickets available at the earlybird price if you book before October! The day is always filled with amazing speakers, music, workshops and so much more! If you have never taken young people to Flame before, there is a lot more info on the website: <https://cymfed.org.uk/flame/> But do make your bookings with the BCYS (email gabriellafusi@dioceseofbrentwood.org)

Youth Mass returns on the first Thursday of each month, beginning from 6pm with a variety of inspiring speakers, workshops, social events, celebrations, visiting clergy and of course.... Pizza!!! Mass will then begin at 7:30pm, and we welcome absolutely anyone to join us.

Youth Gather will be back at Mersea Island for the first time in 3 years for a weekend of exhilarating outdoor activities (archery, climbing, high ropes and more!), youth led Mass and prayer, workshops from the SVP and a talk from the incredibly inspiring Margaret and Barry Mizen whose young son Jimmy was killed the day after his 16th Birthday. Their powerful story of faith and forgiveness is not one to miss!

Places are limited to just 100, so make sure to book in soon at www.bcys.net/events before you miss out!

Adventure in Faith – journey towards World Youth Day, Porto and Lisbon, July 26th – August 9th 2023 This amazing opportunity is for anyone who will be aged 17 – 27 in August 2023. Find out more at <https://bcys.net/events/wyd23/>. Express your interest with an email to WYD@dioceseofbrentwood.org.

School Vacancies. All Brentwood Diocesan Catholic School Vacancies (for which the Education Services Department are aware) are posted on the Diocesan website.

Please use this link address to view current vacancies.

<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

The following are currently being recruited for:

- [Headteacher - St Anne Line Infant School, Basildon](#)
Deadline for applications: 12:00 noon on Friday 23rd September 2022
- [Headteacher - St Teresa's Primary School, Basildon](#)
Deadline for applications: 16:00 on Friday 23rd September 2022

Parish Administrator, Dagenham.

The successful applicant will ideally be an administrator with substantial experience in office organisation. They must have excellent communication and Microsoft office skills, including Word and Excel and financial experience.

Hours: 6-8 hours per week. Further details can be found here: [Parish Administrator – Dagenham](#)

Apply by sending a CV and covering letter (no longer than A4) to dagenhamstp@dioceseofbrentwood.org Closing date for applications is 1st October 2022

Mental Health First Aid Course

Thursday 17th November 8.30am – 4.30pm **and continued on**

Friday 18th November 10am – 5pm

In the Bethany Room.

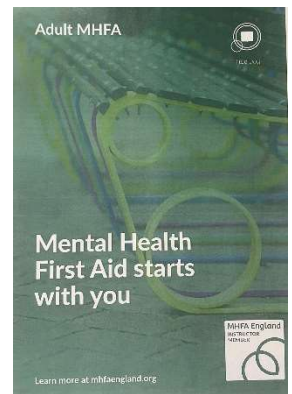
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Paul at the parish office on 01268 38 24 99 or

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Cost £60.00 for the two day course (elsewhere this course would cost significantly more). Please book no later than Friday 28th October 2022.

Thank you.



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA England training won't teach you to be a therapist, but just like physical first aid, it will teach you to listen, reassure and respond, even in a crisis.

Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

What will I learn?

Learning takes place through a mix of group activities, presentations and discussions. What you learn will depend on the length of course you attend:

Two Day - Mental Health First Aiders

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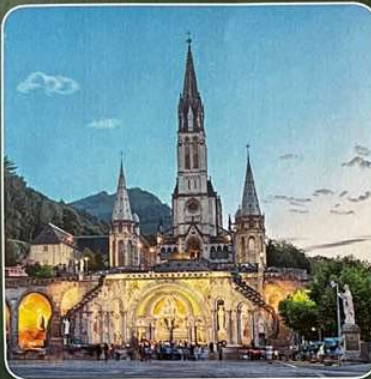
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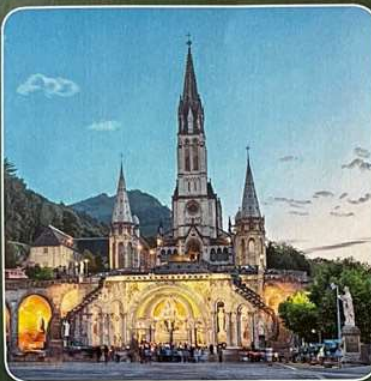
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Pilgrim House, Station Court
Borough Green
Kent
TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
www.tangney-tours.com



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Monday 22nd May - Friday 26th May 2023



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Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

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destinations

Over 40 years of pilgrimage
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OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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Retrouvaille: A Programme for Couples Struggling in their Marriages

Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 13 - 16 October 2022 or a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

The Universe – Catholic Paper:

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

THINKING ABOUT THE CATHOLIC FAITH? ...

The next RCIA meeting will be **THIS** Monday 5th September at 8pm in the Bethany Room (no meetings in August).

If you are interested in joining the programme, please contact Fr. Paul for more details. (01268 382499 / rayleigh@dioceseofbretnwood.org)



SHARING THE CHURCH'S STORY CONFERENCE aims to bring people together for an experience of profound personal renewal and to be equipped for mission. With world-class speakers, including Bishop Robert Barron, panels, and moments of powerful prayer and worship, we are excited for what God will do through this event. The Conference takes place on Saturday 17th September in London, to find out more about this important conference and to book go to www.sharingthechurchsstory.com

PUBLIC MASSES

Please do not come if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and think of others.

Social Distance should be maintained as much as possible – again – out of mutual respect. Please continue to follow only the directions of the Welcomers. Holy Communion only to be received on the hand for added protection.

The church will continue to be both cleansed and sanitised regularly.

Wash your hands, cover your face, make space.



FACE COVERINGS:

Although the legal requirement to wear a face covering no longer applies, the government suggests you continue to wear a face covering in crowded and enclosed spaces. *We strongly encourage parishioners to continue wearing a face covering/mask while moving around the Church. While you are in your place in Church, please feel free to remove your face covering if you so wish.*

OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

DONATIONS USING QR CODES

To avoid having too much cash lying around, it is now possible to make donations in Church using your mobile phone and QR codes.

There are notices in the porch for contributions to the parish



ONLINE DONATIONS

To make a donation online go to <https://stream.seccomgroup.com/donations/olor>

GIFT AID / ENVELOPES. If you are a taxpayer and donate to the parish online, it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.

Please contact Sandra our Gift Aid Co-ordinator

(olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.



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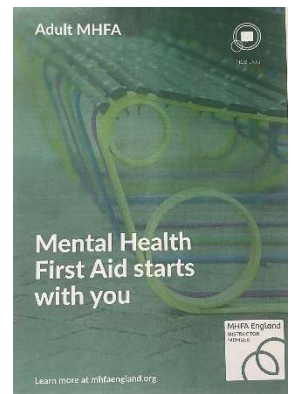
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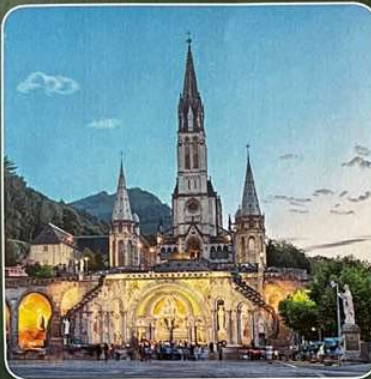
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The Universe – Catholic Paper:

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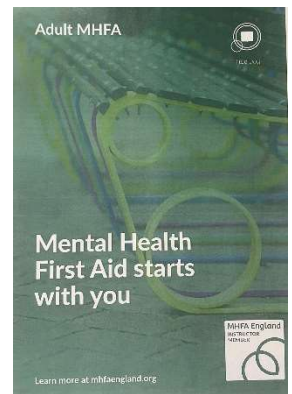
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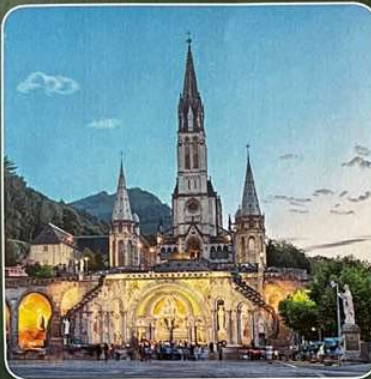
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Pilgrim House, Station Court
Borough Green
Kent
TN15 8AF

t: 01732 886666
e: sales@tangney-tours.com
www.tangney-tours.com



Our Lady of Ransom - Pilgrimage to Lourdes
Monday 22nd May - Friday 26th May 2023



To express an interest in joining this 4 night pilgrimage, please contact:

Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

Full spiritual itinerary for all
destinations

Over 40 years of pilgrimage
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OUR LADY OF RANSOM

4th September 2022 23rd Sunday Year C Psalter Week 3



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Taking part may be free. Commitment will cost us. Total commitment can cost us totally. Jesus pulls no punches this week, with expressions like 'hate', 'carrying your cross', and 'renouncing selves', all which can be troublesome. He is looking for total commitment. Who is really up to this?! Jesus is simply stating the truth in all its rawness, it's up to us how we deal with it. He is clearly wanting us to remove any blockages and attachments that prevent us from putting God first in our lives - be they our own self-image, ambitions or reputations. He further wants us to deal with pain without making anyone else pay the price – ie. carrying our cross. This is all tough stuff. But being an authentic Christian is never easy! That's why only the "few" really get it.

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7.15pm	Alice Allso RIP
Tuesday 6th September	
	Williams Family & Betty Curran RIP
Wednesday 7th September	
10.00 am	Mike Barry RIP (Anniversary) (Hilary Barry)
Thursday 8th September	The Nativity of the Blessed Virgin Mary
	Fr. Richard Rowe RIP
Friday 9th September	
10.00am	Sheila Murphy RIP (Spooner Family)
Saturday 10th September	
5.30pm Mass	Tim Rooke RIP (Anniversary) (Barry Rooke)
Sunday 11th September	Twenty-Fourth Sunday in Ordinary Time
8.00am Mass	Safa Ashkuri RIP (Maureen Ashkuri)
10.00am Mass	Parish Community

All Masses and Church Services are now Live Streamed.

***To take part please go to <https://stream.seccomgroup.com/channel/olor>
Masses can be watched "live" or later as a recording.***

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 10.00am Mondays 7.15pm Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of weekday Masses are subject to change.</i></p>
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Sacrament of Reconciliation: 4.30pm – 5pm Saturday evenings (not in the confessional box).

Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092



ANNIVERSARIES †

Kindly pray for Kathleen Brown, Margaret Walsh, Michael (Mike) Barry, Stella Ray, and Brian Gilbert, whose anniversaries occur about this time.

May they rest in peace.

NEWSLETTER ITEMS:

Please ensure all items for the parish newsletter are submitted to the office by **11am on Thursdays** at the latest.

Please see the note about 1) Parish Pilgrimage to Lourdes and 2) A Mental Health First Aid 2 day course, both at the end of this newsletter.

Please note: the Bethany Room lock has changed in order to make it easier to open the door. Please see Fr. Paul for a new key. A new key will only be given if considered needed. This new lock will be put on a new door when it is installed. (Apologies in advance if any inconvenience has been caused by this change to any of our groups).

Please note: For church insurance purposes and our records, church keys must NEVER be lent out under any circumstances, never given to another person and never cut, all unless express permission is given from the Parish Office. Thank you.

Works. Apologies for any inconvenience caused by the works going on outside to the side of the church. To come to the presbytery you may or may/not need to walk around the side of the church. Hopefully all this should only be for the next few days. Please adhere to signs and barriers for everyone's safety. Thank you.

Scaffolding. In order to repair the lights in the church scaffolding is needed. This will hopefully be done next week, which may result in scaffolding being left in the church during the week. Please be patient and careful. Thank you again.



Kids' Bulletin

A children's version of the gospel is available weekly. This can be accessed on the following website: www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

Sunday Coffee Mornings

If you are interested in hosting a Coffee Morning after 10am Sunday Masses to raise money for a charity of your choice, please contact the parish office by 11am on Thursdays.



Sunday Coffee Morning –

£100 will be donated to CAFOD.



Wednesday Coffee Mornings. All being well, coffee mornings after the Wednesday morning Mass will resume this coming Wednesday.



St. Bernadette's Relics are coming to Britain. Have a look at this video. [Be part of the St Bernadette Relic Tour this autumn - Brentwood Diocese \(dioceseofbrentwood.net\)](https://dioceseofbrentwood.net)

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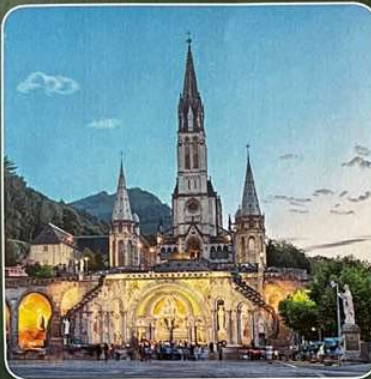
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	Williams Family & Betty Curran RIP
Wednesday 7th September	
10.00 am	Mike Barry RIP (Anniversary) (Hilary Barry)
Thursday 8th September	The Nativity of the Blessed Virgin Mary
	Fr. Richard Rowe RIP
Friday 9th September	
10.00am	Sheila Murphy RIP (Spooner Family)
Saturday 10th September	
5.30pm Mass	Tim Rooke RIP (Anniversary) (Barry Rooke)
Sunday 11th September	Twenty-Fourth Sunday in Ordinary Time
8.00am Mass	Safa Ashkuri RIP (Maureen Ashkuri)
10.00am Mass	Parish Community

All Masses and Church Services are now Live Streamed.

***To take part please go to <https://stream.seccomgroup.com/channel/olor>
Masses can be watched "live" or later as a recording.***

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 10.00am Mondays 7.15pm Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of weekday Masses are subject to change.</i></p>
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Sacrament of Reconciliation: 4.30pm – 5pm Saturday evenings (not in the confessional box).

Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092



ANNIVERSARIES †

Kindly pray for Kathleen Brown, Margaret Walsh, Michael (Mike) Barry, Stella Ray, and Brian Gilbert, whose anniversaries occur about this time.

May they rest in peace.

NEWSLETTER ITEMS:

Please ensure all items for the parish newsletter are submitted to the office by **11am on Thursdays** at the latest.

Please see the note about 1) Parish Pilgrimage to Lourdes and 2) A Mental Health First Aid 2 day course, both at the end of this newsletter.

Please note: the Bethany Room lock has changed in order to make it easier to open the door. Please see Fr. Paul for a new key. A new key will only be given if considered needed. This new lock will be put on a new door when it is installed. (Apologies in advance if any inconvenience has been caused by this change to any of our groups).

Please note: For church insurance purposes and our records, church keys must NEVER be lent out under any circumstances, never given to another person and never cut, all unless express permission is given from the Parish Office. Thank you.

Works. Apologies for any inconvenience caused by the works going on outside to the side of the church. To come to the presbytery you may or may/not need to walk around the side of the church. Hopefully all this should only be for the next few days. Please adhere to signs and barriers for everyone's safety. Thank you.

Scaffolding. In order to repair the lights in the church scaffolding is needed. This will hopefully be done next week, which may result in scaffolding being left in the church during the week. Please be patient and careful. Thank you again.



Kids' Bulletin

A children's version of the gospel is available weekly. This can be accessed on the following website: www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

Sunday Coffee Mornings

If you are interested in hosting a Coffee Morning after 10am Sunday Masses to raise money for a charity of your choice, please contact the parish office by 11am on Thursdays.



Sunday Coffee Morning –

£100 will be donated to CAFOD.



Wednesday Coffee Mornings. All being well, coffee mornings after the Wednesday morning Mass will resume this coming Wednesday.



St. Bernadette's Relics are coming to Britain. Have a look at this video. [Be part of the St Bernadette Relic Tour this autumn - Brentwood Diocese \(dioceseofbrentwood.net\)](https://dioceseofbrentwood.net)

The relics will be visiting Brentwood Cathedral on 16/17 October and Our Lady of Lourdes, Wanstead on 18 October. Those wishing to attend should register through the tour website in order to manage numbers safely: (<https://stbernadette.org.uk>) Registration - St Bernadette

The Parish Choir will start up again after the summer break. We intend to sing at the



10am Sunday Mass twice a month (normally 1st and 3rd Sundays of the month) and have a **choir practice at 7.30pm** on the Thursday prior to the Sunday we are singing. Sopranos, Altos, Tenors and Basses all needed. No previous experience needed but it would be helpful. Why not come along and give it a try? The practice will be only an hour long and will be in the organ loft. Please consider joining us, as we are greatly depleted in number since the pandemic. Just contact Isobel Kennedy 01702 230578.

Retrouvaille: A Programme for Couples Struggling in their Marriages

Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 13 - 16 October 2022 or a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

The Universe – Catholic Paper:

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

THINKING ABOUT THE CATHOLIC FAITH? ...

The next RCIA meeting will be **THIS** Monday 5th September at 8pm in the Bethany Room (no meetings in August).

If you are interested in joining the programme, please contact Fr. Paul for more details. (01268 382499 / rayleigh@dioceseofbretnwood.org)



SHARING THE CHURCH'S STORY CONFERENCE aims to bring people together for an experience of profound personal renewal and to be equipped for mission. With world-class speakers, including Bishop Robert Barron, panels, and moments of powerful prayer and worship, we are excited for what God will do through this event. The Conference takes place on Saturday 17th September in London, to find out more about this important conference and to book go to www.sharingthechurchsstory.com

PUBLIC MASSES

Please do not come if you have symptoms, sniffles, sneezes, coughs, immunity issues etc. Use common sense and think of others.

Social Distance should be maintained as much as possible – again – out of mutual respect. Please continue to follow only the directions of the Welcomers. Holy Communion only to be received on the hand for added protection. The church will continue to be both cleansed and sanitised regularly.

Wash your hands, cover your face, make space.



FACE COVERINGS:

Although the legal requirement to wear a face covering no longer applies, the government suggests you continue to wear a face covering in crowded and enclosed spaces. *We strongly encourage parishioners to continue wearing a face covering/mask while moving around the Church. While you are in your place in Church, please feel free to remove your face covering if you so wish.*

OFFERTORY CONTRIBUTIONS

Thanks to all who continue to support our parish financially.

DONATIONS USING QR CODES

To avoid having too much cash lying around, it is now possible to make donations in Church using your mobile phone and QR codes.

There are notices in the porch for contributions to the parish



ONLINE DONATIONS

To make a donation online go to <https://stream.seccomgroup.com/donations/olor>

GIFT AID / ENVELOPES. If you are a taxpayer and donate to the parish online, it's worth a reminder that we could get **an extra 25%** on your donations if you sign up to the Gift Aid scheme.

Please contact Sandra our Gift Aid Co-ordinator

(olorgiftaid@hotmail.com / 01268 772998) if you have any questions. Thank you.



Beginning Experience Weekend:

If you have suffered a divorce, separation or the death of your partner, a residential weekend to help you to heal will be held from 14th to 16th October 2022 at the Sion Community, Brentwood, Essex. If you would like more details, please ring Freda 01322838415 or Maura 07795-498445 or email besouthofengland@gmail.com.

Diocesan Youth Events.



Flame takes place at Wembley Arena on Saturday 4th March, and we have a limited number of BCYS tickets available at the earlybird price if you book before October! The day is always filled with amazing speakers, music, workshops and so much more! If you have never taken young people to Flame before, there is a lot more info on the website: <https://cymfed.org.uk/flame/> But do make your bookings with the BCYS (email gabriellafusi@dioceseofbrentwood.org)

Youth Mass returns on the first Thursday of each month, beginning from 6pm with a variety of inspiring speakers, workshops, social events, celebrations, visiting clergy and of course.... Pizza!!! Mass will then begin at 7:30pm, and we welcome absolutely anyone to join us.

Youth Gather will be back at Mersea Island for the first time in 3 years for a weekend of exhilarating outdoor activities (archery, climbing, high ropes and more!), youth led Mass and prayer, workshops from the SVP and a talk from the incredibly inspiring Margaret and Barry Mizen whose young son Jimmy was killed the day after his 16th Birthday. Their powerful story of faith and forgiveness is not one to miss!

Places are limited to just 100, so make sure to book in soon at www.bcys.net/events before you miss out!

Adventure in Faith – journey towards World Youth Day, Porto and Lisbon, July 26th – August 9th 2023 This amazing opportunity is for anyone who will be aged 17 – 27 in August 2023. Find out more at <https://bcys.net/events/wyd23/>. Express your interest with an email to WYD@dioceseofbrentwood.org.

School Vacancies. All Brentwood Diocesan Catholic School Vacancies (for which the Education Services Department are aware) are posted on the Diocesan website.

Please use this link address to view current vacancies.

<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

The following are currently being recruited for:

- [Headteacher - St Anne Line Infant School, Basildon](#)
Deadline for applications: 12:00 noon on Friday 23rd September 2022
- [Headteacher - St Teresa's Primary School, Basildon](#)
Deadline for applications: 16:00 on Friday 23rd September 2022

Parish Administrator, Dagenham.

The successful applicant will ideally be an administrator with substantial experience in office organisation. They must have excellent communication and Microsoft office skills, including Word and Excel and financial experience.

Hours: 6-8 hours per week. Further details can be found here: [Parish Administrator – Dagenham](#)

Apply by sending a CV and covering letter (no longer than A4) to dagenhamstp@dioceseofbrentwood.org Closing date for applications is 1st October 2022

Mental Health First Aid Course

Thursday 17th November 8.30am – 4.30pm **and continued on**

Friday 18th November 10am – 5pm

In the Bethany Room.

To learn more book onto an Adult MHFA Two Day course, please contact Fr

Paul at the parish office on 01268 38 24 99 or

rayleigh@dioceseofbrentwood.org

Cost £60.00 for the two day course (elsewhere this course would cost significantly more). Please book no later than Friday 28th October 2022.

Thank you.



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA England training won't teach you to be a therapist, but just like physical first aid, it will teach you to listen, reassure and respond, even in a crisis.

Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

What will I learn?

Learning takes place through a mix of group activities, presentations and discussions. What you learn will depend on the length of course you attend:

Two Day - Mental Health First Aiders

A practical skills and awareness course designed to give you:

- A deeper understanding of mental health and the factors that can affect people's wellbeing, including your own
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to step in, reassure and support a person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help someone recover their health by guiding them to appropriate support

How will attending an MHFA England course help?

Research and evaluation shows that taking part in an MHFA England course:

- Raises awareness and mental health literacy
- Reduces stigma around mental ill health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

To learn more or book onto an Adult MHFA Two Day course:

Mike Thakoordin
e: mikethakoordin@yahoo.co.uk
m: 07745 026539

Other Adult MHFA England courses

In addition to the Adult MHFA Two Day course, we also offer shorter training options including a one day MHFA Champions course and a half day Mental Health Aware course. To learn more about training options, visit mhfaengland.org.



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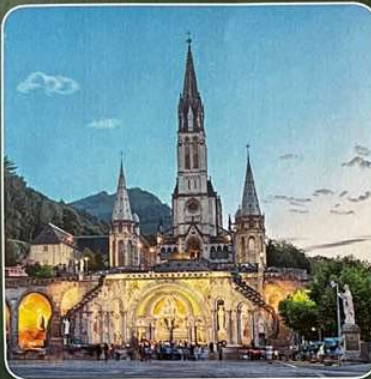
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Our Lady of Ransom - Pilgrimage to Lourdes
Monday 22nd May - Friday 26th May 2023



To express an interest in joining this 4 night pilgrimage, please contact:

Mrs Shelagh Mesher

Email: shelaghmesher@hotmail.com

or contact Father Paul

www.tangney-tours.com - 01732 886666

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