

OUR LADY OF RANSOM

23rd October 2022 30th Sunday Year C Psalter Week 2



I was punched on the nose. Ouch! Not nice! So it was when Geoff, a heavily built man, lost the plot and I happened to be there. Nose bleeds and bruises. I suspect it was partly because he was unable to name and address the turmoil going on in his heart. He screamed that his girl-friend had just walked out on him. It really was nothing to do with me. Unable to deal with his anger, he projected it on to me. Should I have hit back? No! Should I have prosecuted or complained? No! Why? Because Geoff was a man with serious mental health challenges at several levels. He wasn't really to blame. If I was to be blamed in any way, maybe it was because I was in the wrong place at the wrong time!

It's difficult to say whether Geoff could have articulated the angry and confused demons deep down that he felt threatened by, which led to his outburst. Demons such as judgement, accusation, criticism, bitterness, jealousy, envy and so on. When not addressed, we know that they can lead to monstrous behaviours. The name of the game is to **name them. Identify and articulate them.** Once we do, we *take control of them.* We have *authority over them.* Otherwise they control us. We have seen only too often the results of years of denial, pretending they are not real and repressing them. Monsters festering within, waiting to explode. Just watch the news.

Hence our beautiful Sacrament of Reconciliation. A chance to articulate these demons in sacred space, so we take authority over them, and they lose their power over us.

Jesus is re-defining holiness as not the absence of these demons, but admitting them. It's what made our Saints so great. Being radically honest about ourselves – the goodness and the not-so-good often mixed together, living within us. So simple, yet so hard.

The 'good' Pharisee, self-righteous and arrogant, does not see anything negative within. Like a 'good' catholic, keeps rules, gives to the poor, fasts. Not exactly praised by Jesus! Yet the despised tax collector is radically self-honest - naming, and acknowledging his demons within. So he is justified. That's all God wants from us. Self- honesty. Then we too are justified, and we experience being set free.

God Bless, Fr. Paul

First Reading: Ecclesiasticus 35:12-14, 16-19

Psalms: Psalm 3(34):2-3, 17-19, 23

Second Reading: 2 Timothy 4:6-8, 16-18

Gospel: Luke 18:9-14



MASS INTENTIONS	
Saturday 22nd October	
5.30pm Mass	Pamela Flowers RIP (Susan & Damian Lucibello)
Sunday 23rd October Thirtieth Sunday in Ordinary Time	
8.00am Mass	Doris Warrington RIP
10.00am Mass	Parish Community
Monday 24th October	
7.15pm	Roy Flowers RIP (Susan & Damian Lucibello)
Tuesday 25th October	
	Fr Michael Hollings RIP
Wednesday 26th October St Cedd	
10.00am	Dave Silverlock RIP (Esther Thomas)
Thursday 27th October	
12.00 Noon	Requiem Mass – Sheila Keefe RIP
Friday 28th October St Simon and St Jude	
10.00am	Thomas Holmes RIP
Saturday 29th October	
5.30pm Mass	Emma Louise Lucibello RIP (Anniversary) (Susan & Damian Lucibello)
Sunday 30th October Thirty-First Sunday in Ordinary Time	
8.00am Mass	Jim Hollington RIP (Carole Hollington)
10.00am Mass	Parish Community

All Masses and Church Services are now Live Streamed.

***To take part please go to <https://stream.seccomgroup.com/channel/olor>
Masses can be watched “live” or later as a recording.***

<p>PARISH PRIEST Father Paul Fox 50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99 www.olorchurch.org email: rayleigh@dioceseofbrentwood.org</p>	<p><u>Public Mass times:</u> Saturdays 5.30pm Sundays 8am & 10.00am Mondays 7.15pm Wednesdays 10.00am Fridays 10.00am <i>Please be aware - Times and days of weekday Masses are subject to change.</i></p>
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Sacrament of Reconciliation: 4.30pm – 5pm Saturday evenings (not in the confessional box).

Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092



ANNIVERSARIES †

Kindly pray for Josephine O'Connor, Peter Taffurelli, James Marshall, Molly Walmsley, Margaret Heath, Doris Haysman, and Alan Burton whose anniversaries occur about this time. May they rest in peace.

Sheila Keefe RIP

The requiem mass for Sheila Keefe will take place here at midday on Thursday 27th October, followed by burial at Rayleigh Cemetery.

THANK YOU to Jovito who very kindly stepped in at the last minute Saturday evening last weekend to carry out an emergency Eucharistic Service.

NEWSLETTER ITEMS:

Please ensure all items for the parish newsletter are submitted to the office by **11am on Thursdays** at the latest.



Kids' Bulletin

A children's version of the gospel is available weekly. This can be accessed on the following website: www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

There is no children's liturgy Sunday 23rd October (Half Term)



Sunday Coffee Mornings

If you are interested in hosting a Coffee Morning after 10am Sunday Masses to raise money for a charity of your choice, please contact the parish office by 11am on Thursdays.

Save the Date - Next Children's Meet Up Will Be In Half Term:

Hockley Woods nature walk and play in the play area on **Wednesday 26 October**.

Meet at 10am in the car park at the gate near the play area. You might like to bring a flask of hot chocolate and a snack.

If you are planning on coming please let Antonia Cevizli know on 07817686272 so that we know who to look out for.



SHARING THE CHURCH'S STORY CONFERENCE aims to bring people together for an experience of profound personal renewal and to be equipped for mission. With world-class speakers, including Bishop Robert Barron, panels, and moments of powerful prayer and worship, we are excited for what God will do through this event. The Conference takes place on Saturday 17th September in London, to find out more about this important conference and to book go to www.sharingthechurchsstory.com

The Universe – Catholic Paper:

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber, Cardinal Vincent Nichols.

Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

New Evangelisation Course

Would you be interested in studying evangelisation - the theory and practice of how to share the Catholic faith with people who are not yet followers of Jesus? 10 hours of teaching is being offered by Sion Catholic Community for Evangelism, leading practitioners in this field since 1985. You can access the module by attending two in-person days at Brentwood, Essex, on Saturday 10 September and Saturday 12 November. Or you can access the same teaching through five Zoom sessions on Thursday evenings 3 November to 1 December inclusive. For more information go to www.sioncommunity.org.uk/ccrs/

www.40daysforlife.com

Are holding a peaceful .prayerful witness outside Marie Stopes International an Abortion provider.

We are there to offer services of help to women in crisis pregnancies.

Please come and pray.

For more information contact Mary & Francis Connolly 07478765010

If you have been hurt by Abortion please contact www.rachelsvineyard.org.uk

Upcoming Local Baby Loss Support Service

Saying Goodbye, (part of the Mariposa Trust) are returning to Chelmsford in October with a Baby loss remembrance and support service (part of a Nationwide chain of events). We are delighted to be able to return to a full program of events following the effects of Covid-19. The Mariposa Trust's core objective is to support people who have lost babies at any stage of pregnancy, at birth, or in infancy. It was founded in 2012, by Zoe and Andy Clark-Coates, who saw a critical lack of support for people like them, who had gone through baby loss. With over 258,000 babies being lost yearly in the UK alone, the charity needed to be able to offer not only a comprehensive package of befriending and support but also national baby loss remembrance services (called Saying Goodbye Services), for people to join together and remember the children they had lost. 6 years on, over 130 services have taken place at Cathedrals and Minsters across the UK, US, and France, and 2022 will see 20 services across England, Wales, Scotland and Ireland.

On the 16th October at 6.30 pm, in Chelmsford Cathedral we will be hosting one of our Saying Goodbye Services.

So who is the service for?

Anyone who has either personally lost a baby at any stage of pregnancy, at birth, or in early years, or who has been affected by family members or friends' loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. We have also extended the services, and gladly welcome anyone who is grieving the fact that they haven't had children. This may be due to circumstance, infertility, or for other reasons - but all are welcome. Babies and children are also invited to come with their families, as the Saying Goodbye service is truly a family event for all.

We know that as 1 in 4 women suffer miscarriage and baby loss, you will have contact with a significant number of people who have either personally suffered baby loss, or who have a partner or family member that has, so we wanted to ask if you would help us in promoting the service.

To read more on the charity, please see the Saying Goodbye website, which you can find at: www.sayinggoodbye.org

Catholic Women's League Westcliff has been working in St Helen's parish for 100 years on 24th October. The Section will celebrate on Sunday 23rd October with 11.30 a.m. MASS at St Helen's Church, Milton Road, Westcliff FOLLOWED BY TREE PLANTING CEREMONY AND Refreshments in the Hall. We especially invite past members who are most welcome to join us for our celebrations.

London Marathon 2023

Brentwood Catholic Children's Society has a number of Gold Bond Charity places for runners in the LONDON MARATHON taking place on SUNDAY 23rd April 2023. If you are an experienced runner or someone who would value the opportunity to participate in this renowned event please contact Damian Dillon for further details on 07912 308000 / ddillon@bccs.org.uk. The closing date for completed applications is Friday 11th November and please note that there is a minimum sponsorship requirement of £1800 (excluding Gift Aid). If you have been lucky enough to secure your own running place through the ballot, we would invite you to join us and run for Brentwood Catholic Children's Society. The London Marathon is a unique opportunity to raise much needed funds for the Diocesan Children's Society and perhaps achieve a lifetime ambition at the same time.

World Day of Prayer funds

The Two Elizabeths and friends are giving a concert in St Clement's Church, Leigh Broadway on Saturday 29th October in aid of World Day of Prayer funds - monies help to cover expenses for the local service (3 March 2023 written by the women of Taiwan) and any residue then goes to the World Day of Prayer Committee to give out to their chosen charities, Here is a link to the grants given out in 2021 <https://www.wwdp.org.uk/grants-2021/>

Admission is FREE!!! there is a Bring & Buy, Cakes and coffee afterwards so all donations are gratefully received. 10.30 am to 12.00 noon at St Clement's Church. Join us for a lovely interlude and then carry on shopping in Leigh!

Youth Mass & David Wells: the BCYS are pleased to welcome David Wells to the November Youth Mass being held at 6pm on Thursday 3rd November at Brentwood Cathedral. David is a celebrated Catholic motivational speaker and writer. He is engaging and funny, often drawing on his experiences to help guide and inspire others. He offers words of encouragement and affirmation for young people and those working with them. The evening will begin at 6pm with refreshments in parish hall, before David leads the input focused around discernment at 6.30pm. Mass will then be celebrated in the Cathedral at 7.30pm. Youth Mass is suitable for those in Yr9 and above.

Mass of Remembrance: for those who have a loved one remembered within the grounds of Walsingham House at Abbotswick there will be a special Mass of Remembrance on Sunday 6th November at 2.30pm in the Chapel with light refreshments afterwards. For more information or to book a place please contact Joe, either via email josephbeattie@dioceseofbrentwood.org or phone 01277373959.

Calais Light is calling YOU to join us on our refugee convoys to Calais.

Age 18+. Nov 18-20 and Dec 9-11 Experienced Continental drivers are extra welcome. A promised weekend of fun and fulfilment is guaranteed. Volunteer & really help refugees. Full details and bookings at www.calaislight.com. Can't make the trip? Please donate at: <https://www.gofundme.com/f/6n9sg-calais-light>

The Universe Catholic Weekly

Is true to its mission of being “a light to guide the world, and a mirror to reflect it” Keeping Catholics informed about their faith, and bringing them ever closer to God. In order to keep our high standard going and maintain a strong weekly Catholic voice at a time when it is much needed in the world, please consider taking out a subscription.

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We invite you to submit articles/news and celebrations about your local parish activities

Please see link below for this week's Universe Catholic Weekly.

<https://universecatholicweekly.co.uk/universe-weekly-newsletters/october-2022/UNIVERSE-14-OCTOBER.pdf>

Cleaning Vacancy at Our Lady of Ransom Catholic Primary School

The Local Governing Committee of Our Lady of Ransom Catholic Primary School is looking to appoint a cleaner to join our Site Team.

You will be required to work for 5 hours per week (two x 2.5 hours each afternoon) to be paid on Point 1 (approx £9.50 per hour) during term time, plus some limited hours in the school holidays.

Please select this link for an application form:

<https://docs.google.com/document/d/1shQOwiOfh61zMappRJ3wmzFseYO9TyzY/edit>
which should be returned to office@olorcps.net

The Governing Body is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment.

Lourdes 2023

The deadline for applications to the parish trip to Lourdes next year has now passed.

Mental Health First Aid Course

Thursday 17th November 8.30am – 4.30pm and continued on

Friday 18th November 10am – 5pm

In the Bethany Room.

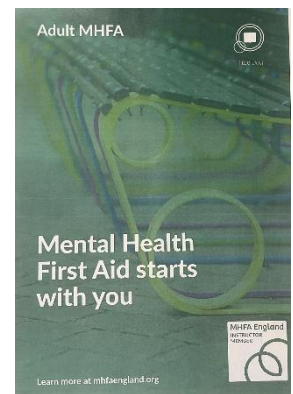
To learn more book onto an Adult MHFA Two Day course, please contact Fr

Paul at the parish office on 01268 38 24 99 or

rayleigh@dioceseofbrentwood.org

Cost £60.00 for the two day course (elsewhere this course would cost significantly more). **Please book no later than Friday 28th**

October 2022. Thank you.



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA England training won't teach you to be a therapist, but just like physical first aid, it will teach you to listen, reassure and respond, even in a crisis.

Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

What will I learn?

Learning takes place through a mix of group activities, presentations and discussions. What you learn will depend on the length of course you attend:

Two Day - Mental Health First Aiders

A practical skills and awareness course designed to give you:

- A deeper understanding of mental health and the factors that can affect people's wellbeing, including your own
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to step in, reassure and support a person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help someone recover their health by guiding them to appropriate support

How will attending an MHFA England course help?

Research and evaluation shows that taking part in an MHFA England course:

- Raises awareness and mental health literacy
- Reduces stigma around mental ill health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

To learn more or book onto an Adult MHFA Two Day course:

Mike Thakoordin
e: mikethakoordin@yahoo.co.uk
m: 07745 026539

Other Adult MHFA England courses

In addition to the Adult MHFA Two Day course, we also offer shorter training options including a one day MHFA Champions course and a half day Mental Health Aware course. To learn more about training options, visit mhfaengland.org.

