Parish Newsletter OUR LADY OF RANSOM

11th August 2024 Nineteenth Sunday of the Year

Psalter Week 3

You're quite fat, you're short! How rude and very personal! Yet if we said "you're quite tall, or slim" it's not quite the same is it? Strange! Fat and short seem to have social stigmas wrapped around then. Whichever, we can be so self-conscious of our bodies? Do we need to be? Cosmetics, cosmetic surgery and medication are all big business today – for this very reason. Oddly enough, our Catholic faith is "bodily", it's incurably and unavoidably *physical*. We have the *Body* of Christ, not simply "spirit" of Christ. Elijah is miraculously given physical food, twice, to strengthen his faith for his journey. Jesus is the *Incarnation*, God becoming human *flesh*, not remaining a remote spirit in the sky. And Jesus rises *in his body*, not just *spiritual* resurrection. Shouldn't it be us Catholic Christians, who are **not** ashamed or self-conscious of the body. Yet it seems we are, as much as anyone else.

Historically, the "body" is the naughty, dodgy, forbidden or embarrassing part of ourselves – supposedly keeping us from God. The "naughty flesh". We tut at the thought of anything of the flesh. Most scandals seem to be body/flesh based. Think about that. The spirit, however, was the "good" part, the prayer part, the holy part. So a dangerous dualism evolved between body and spirit. Plato told us that the body is a "prison" of the spirit, at death, the spirit was released. So the body was bad, and the spirit was good. Body and spirit always seen as opposing forces.

Yet, the reality is exactly the opposite. Body and spirit have always been a single entity. A unity. Completely one. Body and spirit both inherently good. The early Jews seemed to know this. For them, resurrection inherently meant *bodily* resurrection. Jesus appears *in his risen body*. The Gospels scream out this great truth. Body and spirit as one - they always have been. History mistakenly created the split and this thinking continued through the ages. The risen Jesus' transformed glorified body is a taster as to how it will be for us all. *I believe in the Resurrection of the Body*...it's part of the Creed, the profession of faith, we say it at Mass.

What does this mean for us now? It means we can pray through our bodies - yes - our bodies, the flesh, through our senses - eyes, ears, touch. Just as people have done over millions of years. We

can physically take in our created beautiful world as prayer, so the possibilities of prayer become endless, giving new meaning, direction, purpose and depth to prayer in the 'here and now'. I don't think we can get more liberating than that!

1st Reading: 1 Kings 19: 4-8 Psalm : 33: 2-9 2nd Reading: Ephesians 4: 30-5: 2 Gospel: John 6: 41-51





	MASS INTENTIONS
Saturday 10 th August	Nineteenth Sunday in Ordinary Time (B)
5.30pm Mass	Gabriella Prideaux RIP (Anniv) – Nicky Prideaux
Sunday 11 th August	
8.00am Mass 10.00am Mass	Parish Community The Macaulay and Ladapo Families RIP - Cecilia Macaulay
Monday 12 th August	
9.30am Mass	Mike Healy RIP (Anniv) - Rae Healy
Tuesday 13 th August	
9.30am Mass	Freda Miller RIP – Shelagh Mesher
Wednesday 14 th August	St Maximilian Kolbe
10.00am Mass	Patrick Corr RIP (Anniv)- Martin & Sam Corr
Thursday 15 th August	The Assumption of the Blessed Virgin Mary
7.30am Mass 9.30am Mass 8.00pm Mass	Parish Community Sheila Scully RIP (Anniv)- Scully Family Mgr. Michael Corley RIP
Friday 16 th August	
9.30am Mass	John Murphy RIP- Rae Healy
Saturday 17 th August	
5.30pm Mass	Ellen Lydon RIP (Anniv) – Kathy Hoare
Sunday 18 th August	Twentieth Sunday of the Year
8.00am Mass 10.00am Mass	Freda Miller RIP – Colin and Marie Griffin Parish Community

All Church Services are now Live Streamed. To take part please go to https://stream.seccomgroup.com/channel/olor

Masses can be watched "live" or later as a recording

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PARISH PRIEST	Public Mass times:	
Father Paul Fox	Saturdays 5.30pm	
50 London Hill, Rayleigh Essex SS6 7HP 01268 38.24.99	Sundays 8am & 10.00am Mondays & Tuesdays 9.30am	
www.olorchurch.org email: rayleigh@brcdt.org	Wednesdays 10.00am Thursdays & Fridays 9.30am	

The Sacrament of Reconciliation: 4.30pm – 5pm Saturday evenings (not in the confessional box)

Please be aware - Times and days of weekday Masses are subject to change. Our Parish is part of The Brentwood Diocesan Trust, Registered Charity Number 234092



ANNIVERSARIES Kindly pray for all those whose anniversaries are at this time. Especially Richard King, Gabriella Prideaux, Ellen Lydon, Noel Cullen, Mike Healy, Paddy Corr, Sheila Scully and Eileen Cousins.

May they rest in Peace.

NEWSLETTER ITEMS: Please ensure all items for the parish newsletter are submitted to the parish office by **11am on Thursdays** at the latest. **Thank you**.

<u>A</u> copy of the newsletter is placed on the notice-board for quick reference. Please leave it attached to the notice-board for others to see. Thank you.

<u>NB</u> This Thursday is the Feast of the Assumption of Our Lady, a holyday of obligation. Mass times are listed overleaf.

Lost Property

Please be aware that we have a box of lost property in the church porch. Some of these items have been there for quite some time, including what looks like to be prescription sun glasses.

Please check to see if any of the items there belong to you.

Lost property items will be kept for about a month and thereafter will be disposed of.

Thank you for your cooperation.

<u>PLEASE:</u> when receiving Holy Communion, consume the Sacred Host <u>IMMEDIATELY.</u> The Sacred Host should be consumed before receiving the Sacred Blood from the Chalice, if you do not receive from the Chalice, then consume the Sacred Host straight away in front of the Altar. Thank you.

Rite of Christian Initiation of Adults Programme (RCIA)

All are welcome to come along to our Rite of Christian Initiation of Adults programme and learn more about what it means to be a Catholic Christian. **Our Programme will be starting on Monday 23rd September 2024 at 8pm in the Bethany Room.**

Perhaps you are completely new to Christianity, or maybe you left the Church as a teenager and now want to return to the Catholic faith. Alternatively, you may be a Parishioner who just wants to informally ask questions to deepen your understanding. Whatever your circumstances, you are welcome to come along and learn more about what it means to be a Catholic Christian.

Please come along to find out more. You do not have to make any commitments at this point.

However, if you are not part of the Catholic tradition, and you decide during the programme you would like to commit yourself to the Catholic faith, you may be received into the Catholic Church at Easter in April 2025.

Special Collection Gift Aid Envelopes: For those making their regular donation online/by bank transfer, and would like the Gift Aid envelopes for special collections only, they will be available to collect from the church porch.

Wednesday Coffee Morning

If anyone would like to join the small team of volunteers for Wednesday coffee mornings **after August** that would be very much appreciated.

NB. There is no Wednesday Coffee Morning during August.





<u>ALSO...</u> If you are interested in running a Good Morr coffee morning after the <u>Sunday 10am Mass</u>, please inform the staff in the presbytery office. Thank you.



Kids' Bulletin A children's version of the gospel is available weekly. This can be accessed on the following website: <u>www.thekidsbulletin.com</u> and is aimed at primary school children. It can be downloaded and printed out.

<u>**Parish Pilgrimage to Fatima:**</u> next year, possibly around early May. Interested? No details yet. If interested please contact Fr. Paul or Nicky (07710 126563) or <u>nicky.prideaux@outlook.com</u> This is just to see the level of interest. Thank you.

Do you have the need of a Wheelchair/ Mobility Aid? Over a period of time, a collection of Wheelchairs, Strollers, Walkers and other mobility aids have gathered in the Presbytery garage. If you or a family member have the need for any of the above items, please contact Fr. Paul for more information. Tel: 01268 382499

These can be very expensive items and there is no cost involved whatsoever. They will be fully sanitised and delivered to wherever they are required in the area. Thank you.

Legion of Mary Annual Retreat

Saturday 24th August 2024

Holy Family Church, 661 High Road, South Benfleet SS7 5SF

Arrival 9.30am - 10am

Legion opening Prayers at 10am followed by Mass.

The day will include talks by Fr. Adrian Lowe, Exposition of the Blessed Sacrament and Holy Hour. Confession will be available. Benediction and Legion Concluding Prayers will complete the day which should finish around 3.30pm.

All active and auxiliary members of the Legion of Mary are invited, and any interested parishioners.

For further information, please contact Isobel Kennedy (07795 821705)

Walsingham House Anniversary Mass, 31st August at Walsingham House at Abbotswick

Celebrate 40 years of team at Walsingham House with us, beginning with Mass celebrated by Bishop Alan at 12pm followed by celebrations at our beautiful retreat house just outside Brentwood

Our Lady of Ransom Theatre Club

There are a few trips arranged that may be of interest . Most are local (meet at theatre) with just two in London . Car share / travel companions can be arranged . £5 pp initial payment . All tickets can be paid in instalments.

The trips arranged are as follows :

29th August 7.30pm Taylormania (£30.50 pp)

September 14th 2:30pm Hairspray the Musical - £49.50

October- 10th Lord of the dance (£36 pp)

(all above are at Cliffs Pavillion)

Oct 12th - Come from Away Musical in London at New Wimbledon Theatre £44.50

November 5th Grease The Musical 8pm- (£35.50)

November 30th - Jack and The Beanstalk Panto Towngate Basildon- £21pp

<u>31st December</u> Jack and The Beanstalk pantomime Cliffs Pavillion £32.50 (all front stalls)

<u>2025</u>

'Paddy McGuinness - Nearly There..'. - Feb 21st - 7:45 (£44.50)

'& Juliet' <u>May 7th </u>8pm

'Tina Turner Musical'

August 27th - 7.30pm(£33.50)

To book please contact clare_simon@hotmail.co.uk or message 07757 138345

Please take a look at my most recent theatre trips. No coaches are included but if anyone is travelling alone / unable to drive and would like to be part of a car share I am sure it can be arranged.

Hairspray The Musical Sat 14th Sept 2:30pm - £49.50

Only Fools And Horses The Musical

Thurs 3rd Oct 2:30pm - Cliffs Pavilion £49.50

Come From Away

Sat 10th Oct 2:30pm. New Wimbledon Theatre London - £44.50 (travel by train.)

7000 Stranded Passengers. One Small Town. A Remarkable True Story. Winner of four Olivier Awards (including Best New Musical in London)

Please contact Clare Mason 07757138345 for more details and for information on other shows later in the year and next year. All shows can be paid for in instalments.

Many thanks for your help and time.

Youth 2000 Summer Festival 2024

Our annual Youth 2000 Summer Festival will take place from Friday 23rd August to Monday 26th August 2024 in the beautiful surroundings of Ampleforth Abbey, North Yorkshire.

This festival is an opportunity for young people (aged 16-35) from across the UK to grow in their relationship with God, form friendships and be inspired to live out their faith! The programme will include input from incredible speakers, a wonderful variety of workshops, and loads of opportunities to be with Jesus and encounter His love. Tickets (which include food and accommodation) can be purchased from <u>www.youth2000.org/events</u>.

Tickets are also available for priests, religious, families and groups. If you have any questions, please email <u>events@youth2000.org</u>. We will be sharing information about the programme, speakers and workshops on our website and social media. If

you are able to share these updates on your social media, this would be appreciated. A poster for the event can be downloaded from the following link -<u>https://static1.squarespace.com/static/5dd7a20d0307d66addf8c0d8/t/66719e1d91b7</u> <u>470ef84bbae4/1718722084726/SUMMER+FESTIVAL+2024.pdf</u>

<u>Walsingham House Retreat Manager</u>: Walsingham House at Abbotswick, the youth retreat centre for the Diocese of Brentwood, are seeking to appoint a Retreat Manager. The Retreat Manager will work to ensure the smooth and efficient running of retreats, leading and training the volunteer team, and developing the programmes on offer to schools and parishes. Walsingham House has an excellent reputation for the quality of the retreats offered and after a year to rebuild we are keen to develop this further. This is not necessarily a "live-in" role but accommodation can be provided if required. For more information please see: <u>https://bcys.net/news/vacancies/</u> Closing date is Friday 30th August.

Headteacher

Our Lady Immaculate Catholic Primary School, Chelmsford

Required from 1st September 2025. Group 2: L8 – L21 (starting salary based on experience). NOR: 218 (one form entry).

Governors are seeking to appoint a dedicated and inspirational Headteacher who is a committed, practising Catholic. Someone who shares our vision and passion and has the leadership and ambition to build on the successes of our school. Our Lady Immaculate Catholic School is a caring, friendly school and community where our Catholic ethos is central to all that we do. Our new Headteacher will work with governors to shape the strategic direction of the school and will be responsible for the day-to-day leadership and management of Our Lady Immaculate School. Our new Headteacher will lead a team that strives together in the best interest of all our children, following the school's mission statement; "At Our Lady Immaculate School, we will inspire our children to achieve personal excellence for themselves and for the glory of God."

Deadline for applications: **12:00 noon on Monday 30th September 2024**. We warmly welcome and encourage applicants to visit our school, please speak with the **Admin & Finance Officer**, **Lindsey Murgatroyd** for more information. For an Application Pack please email: <u>lindseymurgatroyd@ourladyimmaculate.essex.sch.uk</u>

Inspire, nurture and accompany young people on the edge of East London. The parishes in the Romford Parish Partnership are recruiting a **Parish Partnership Youth Coordinator**. Salary £30,000/year, closing date September 10th 2024, start date no later than January 2025. This is a new role, with amazing potential to bring young people into leadership in the Church, and provide a wide range of opportunities for them to live and deepen their faith

within a diverse and vibrant part of London. Full details: https://www.dioceseofbrentwood.net/diocese/working-for-us/

Open House Billericay: Saturday, 12th October 2024On Saturday, 12th October the Most Holy Redeemer Church, Billericay will be hosting a day focusing on parish renewal with talks and workshops designed to help parishes transition from maintenance to mission. Bishop Alan will also be presiding at the Midday Mass.

Get inspired by priests and parishioners as they share stories of transformation. Hear what they are learning and dream about the change that could be possible in your own parish.

The day will last from 9.30am to 5pm and the cost is £20 per person. In order to attend you need to register in advance by following this link: <u>https://divinerenovation.org/events/</u>

Called and Gifted Teaching Day at the Most Holy Redeemer, Billericay: Saturday, 14th September

On Saturday, 14th September from 9am to 4.15pm at the Most Holy Redeemer Church in Billericay we will be running a "Called and Gifted" teaching day.

"Called and Gifted" is a discernment process developed by the Catherine of Siena Institute which enables everyone to understand the gifts and the charisms that God has given to them so that they are able to share these gifts with others. Those who have taken part in the Called and Gifted process have found that their faith has deepened and that they have been able to discover new ways of serving God in their parish and the wider community.

As well as the teaching day, participants are invited to complete an online "Gifts Inventory" prior to the day, as well as having a 1-1 Zoom session with a member of the Called and Gifted team.

The total cost of the process including the Teaching Day is £120 which includes online access to the Gifts Inventory as well as a Resource book which will be given out during the Teaching Day.

In order to secure your booking please register your interest before Friday, 23rd August by emailing the Billericay Parish Office at <u>billericay@brcdt.org</u>.

If you would like more information about Called & Gifted please visit their website: https://www.calledandgifted.org.uk/

ADoRE spiritual mini-retreat 31st August 10.00-1.00 "BEAR THE FRUIT OF THE SPIRIT – our transformed lives will help other people." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker Maria Heath. Please register for the Zoom meeting in advance at <u>//bit.ly/ADOREAUG2024</u> More information at <u>www.altonrenewal.com/this_month</u>

WALK AND TALK

Meet other people in recovery local to you

Are you in recovery and want to meet others local to you? Do you work for a drug and alcohol service and want to help build a bigger recovery community? Join one of Essex Recovery Foundation's walks which happen every two weeks across Essex. Walks will be around an hour long and will finish with a coffee.

TURN ME OVER TO FIND A WALK NEAR YOU

ONTACT US ON:
O7356102692

essexrecoveryfoundation

ESSEX RECOVERY FOUNDATION

DISTRICT	DATE/TIME	LOCATION & MEETING POINT
CHELMSFORD	24th April 2024 10:30am	Central Park. Meet at the cafe (CM1 1LQ)
HARLOW	8th May 2024 10:30am	Town Park. Meet outside Spurriers House (CM20 200)
BRAINTREE	22nd May 2024 10:30am	Braintree and Bocking Public Gardens (CM7 9AE)
BASILDON	5th June 2024 10:30am	Wat Tyler Park. Meet at visitors' centre (SS16 4UH)
TENDRING	19th June 2024 10:30am	Furze Hill. Meet at Mistley village hall (CO11 1HS)
MALDON	3rd July 2024 10:30am	Burnham Seafront. Meet at war memorial (CM0 8AG)
UTTLESFORD	17th July 2024 10:30am	Saffron Walden Common. Meet in car park (CB10 1FH)
SOUTHEND	31st July 2024 10:30am	Shoeburyness. Meet at the station (SS3 9AW)
BRENTWOOD	14th August 2024 10:30am	King George Playing Field. Meet at the pavilion (CM14 5AE)
THURROCK	28th August 2024 10:30am	Thameside Nature Park. Meet in car park (SS17 ORN)
CASTLE POINT	11th September 2024 10:30am	Canvey Island. Meet outside The Bay Café (SS8 0AY)
EPPING FOREST	25th September 2024 10:30am	Theydon Bois. Meet at the station. (CM16 7EU)
ROCHFORD	9th October 2024 10:30am	Hockley Woods. Meet in the car park (SS5 4RN)
COLCHESTER	23rd October 2024 10:30am	Castle Park. Meet in Leisureworld car park (CO1 1YH)

IF YOU HAVE ANY ACCESSIBILITY NEEDS TO PARTICIPATE IN OUR WALKS, PLEASE GET IN TOUCH WITH SALLY ON 07356102692.



ST VINCENT'S CENTRE

Afternoon Tea

AT The Roslin Beach Hotel Monday 2ND December 2024

12:30PM

£35.00 PER PERSON (ADVISE DIETARY REQUIREMENTS WHEN BOOKING)

> To Book Contact Phone: 07549128877 Email: nesperm@svp.org.uk Charity No: 1053992

St Vincent's Centre, Southend

Black-Tie & Chuction Saturday 16th November 2024 Roslin Beach Hotel Thorpe Esplanade, Thorpe Bay, Southend-On-Sea SS1 3BG Welcome Drinks - 5pm Dinner - 5.30pm

Ticket Prices £95 - Welcome Drink, 3 Course Dinner Live Music and Charity Auction



RSVP - NesperM@svp.org.uk 07549128877 Charity No: 1053992